



Healthy nutrition.....

is key for any age
but essential for seniors

Why rely on frozen, pre-packaged or fast foods ?

Instead have nutritious meals delivered to your door...hot, tasty,

“real food for real seniors“....

“Meals to go catering for seniors”

offers wholesome gourmet meals delivered to your door at a convenient price

No more shopping ,cooking or reading labels

Simply look at the menu and order.....we do the rest.

“Doctors and nutritionists highly recommend Meals to go catering to seniors for it’s gourmet nutrition, variety and convenience.

Meal preparation for seniors the way it should be.....

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836-9775

www.ambiance-catering.com

Gift certificates also available ...