



HURON PERTH SENIORS MENTAL HEALTH PROGRAM

1-877-695-2524
58 Mary St.
Clinton, ON N0M 1L0

519-272-8210, ext. 2570
90 John St. S.
Stratford, Ontario N5A 2Y8

Assessment and treatment provided for
older adults experiencing:

- Depression ● Anxiety*
- Confusion ● Cognitive Impairment*
- Changes in Behaviour*

SERVICES PROVIDED

- Time limited, goal specific community treatment
- Assessment/Consultation
- Counselling
- Advocacy and Liaison
- Education
 - On subjects related to seniors' mental health issues
 - Inservice training provided to Long Term Care Homes, community groups and residential care homes
- Psychogeriatric Clinics – assessment by a program clinician and psychiatrist at designated Long Term Care Homes
- Psycho-educational group for caregivers
- Psychiatrists with special interest in the older population provide consultation as a resource to the program

A comprehensive assessment focusing on the mental health status of the older person is completed in their place of residence. An assessment report is provided with recommendations for diagnostic testing, treatment, management and referral to community or psychiatric services.

CAREGIVER GROUP

The Seniors Mental Health Program offers a Caregiver Group to provide information to the caregivers of seniors with dementia, depression, changes in behaviour or cognition due to a physical cause such as a stroke.

The group runs every 2nd and 4th Wednesday each month.

CLIENTS WE SERVE

- Individuals at least 65 years of age, with an identified mental health problem or concern (or 55 years of age with cognitive impairment)
- Family member or caregiver of a senior with mental health concerns
- Residents of Huron and Perth Counties or those non-residents having a doctor associated with a Huron or Perth County Hospital

REFERRALS

Referrals may be made by individuals for themselves, family members, friends, caregivers, health care providers, physicians or community agencies

SERVICES PROVIDED BY

Registered Nurses
Social Worker
Consulting Psychiatrists

Monday through Sunday
8:30 a.m. to 4:30 p.m.

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