

# Services Available to Seniors of Grey and Bruce Counties

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Data Courtesy of [www.theHealthline.ca](http://www.theHealthline.ca) as at December 2008

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Organization	City/Phone/Web/Email	Description of Services	Area	Eligibility
Abbeyfield Houses of Durham	Durham 519-369-1112 <a href="http://www3.sympatico.ca/abbeyfield/abbeyfield@sympatico.ca">www3.sympatico.ca/abbeyfield/abbeyfield@sympatico.ca</a>	12 bed retirement home Provides short stay (i.e. temporary, vacation, convalescent, respite care) when space permits, 24-hour live-in House Mother/coordinator, Monthly rental fees or Life-lease available.  Non-profit organization & > than 880 Abbeyfield Houses worldwide	Durham and area (Grey and Bruce)	Seniors 65 years and over who are independent
Alzheimer Society of Grey-Bruce	Owen Sound 519-376-7230 <a href="http://www.alzheimergreybruce.com">www.alzheimergreybruce.com</a>	Provides client and caregiver support services, public education and training support groups and volunteer programs ,Education, training and resource centre. Support and Alzheimer Support Groups - seven caregiver support groups within Grey and Bruce and an early stage support group First Link - program for persons newly diagnosed Safely Home - Alzheimer Wandering Registry	Bruce and Grey	Individuals with Alzheimer Disease and related disorders and their caregivers health professionals general public
Andy Cormack Terrace Apartments	Kincardine 519-396-3450 ext 104 (Housing Registry) 519-396-3439 (Administration) <a href="http://www.brucecounty.on.ca/socialhousing.php">www.brucecounty.on.ca/socialhousing.php</a> <a href="mailto:housingregistry@brucecounty.on.ca">housingregistry@brucecounty.on.ca</a>	12 seniors only apartments one accessible unit	Paisley and area (Bruce)	Seniors 60 years and over
Arsenault Foot Services	Owen Sound 519-371-1163	Chiropody clinic foot care specialist providing diabetic foot care and treatment of other foot concerns, Custom orthotics and orthopedic shoes. Call Owen Sound office for an appointment  Care offered in Sauble Beach, Cape Croker and Saugeen First Nation	Owen Sound, Sauble Beach, Cape Croker, Saugeen First Nation and area (Grey and Bruce)	Individuals requiring foot care
Art Speer Riverside Apartments	Kincardine 519-396-3450 ext 104 (Housing Registry) 519-396-3439 (Administration) <a href="http://www.brucecounty.on.ca/socialhousing.php">www.brucecounty.on.ca/socialhousing.php</a> <a href="mailto:housingregistry@brucecounty.on.ca">housingregistry@brucecounty.on.ca</a>	18 seniors only apartments one accessible unit	Tara and area (Bruce)	Seniors 60 years and over
Arthritis Society (The)	Owen Sound 519-372-0060 <a href="http://www.arthritis.ca">www.arthritis.ca</a>	Programs and services to support people living with Arthritis. Arthritis Rehabilitation and Education - community-based rehabilitation service offering physical therapy, occupational therapy and social work to help clients manage their arthritis and maintain functioning in their community. Arthritis Self-Management Program - 6 week program helps clients to better understand their arthritis and its treatment, learn ways to cope with chronic pain and take an active role in managing their condition.  Support and Information Line.	Grey and Bruce	Individuals of any age with any form of a confirmed rheumatic disease and their families/parents

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Atrium Foot Clinic	Owen Sound 1-888-708-3020	Chiropody clinic specializing in assessment and treatment of foot problems - corns, nails, planter warts, foot ulcers, shin splits and heel spur syndrome Additional services include diabetic foot care, biomechanical evaluation of lower limbs and custom made orthotics and orthopedic shoes Care may also be arranged in hospital or client's home in Owen Sound. Main office is in Barrie.	Owen Sound, Barrie, Midland and area	Individuals requiring foot care
Bayshore Physical Therapy	Owen Sound 519-371-0904 <a href="mailto:bayshore.pt@bmts.com">bayshore.pt@bmts.com</a>	Physiotherapy services - provides assessment and treatment of musculoskeletal problems and work injuries and pre-post surgical treatment Sports Physiotherapy Clinic - Wednesday mornings by appt.	Owen Sound and area (Grey)	No restrictions
Beaver Valley Orthotics	Kimberley <a href="http://www.bvorthotics.com">www.bvorthotics.com</a> <a href="mailto:bvorthotics@bmts.com">bvorthotics@bmts.com</a> Owen Sound Office: Bayshore Physical Therapy 1717 2nd Ave E, Ste 101 Owen Sound, ON N4K 6V4 519-371-0904	Provides pedorthic services (assessment, foot orthotics, custom footwear) to patients suffering from debilitating conditions of the lower leg and foot	Grey and Bruce	
Beaver Valley Outreach	Thornbury 519-599-2577 <a href="http://www.bvo.ca">www.bvo.ca</a> <a href="mailto:info@bvo.ca">info@bvo.ca</a>	Not-for-profit organization that offers a variety of outreach programs and services for the community. Information and referral service for a wide range of needs Valley Visitors - for seniors and those recuperating from illness matches volunteers with individuals who would like a friendly, regular visit. Grocery Delivery Service - seniors program Transportation - 519-599-3114 - may be requested for medical, dental, legal and parenting appointments Emergency Assistance - food, clothing, shelter and transportation may be provided Good Food Box - monthly fruit and vegetable buying program open to all for small fee Christmas Hampers - available to members of the community who may need assistance and support during the holidays - application is required	Thornbury and area (Grey)	Some services are only available to residents of the Town of the Blue Mountains
Bradley H Davis Senior Apartments Kincardine	519-396-3450 ext 104 (Housing Registry) 519-396-3439 (Administration) <a href="http://www.brucecounty.on.ca/socialhousing.php">www.brucecounty.on.ca/socialhousing.php</a> <a href="mailto:housingregistry@brucecounty.on.ca">housingregistry@brucecounty.on.ca</a>	14 seniors only apartments some accessible units	Tobermory and area (Bruce)	Seniors 60 years and over

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Bruce County Physiotherapy and Sports Injuries Clinic	Port Elgin 519-832-3272 <a href="mailto:bcphysio@bmts.com">bcphysio@bmts.com</a>	Outpatient physiotherapy treatment for orthopaedic conditions or sports related injuries neurological therapy massage therapy	Saugeen Shores and area (Bruce)	Individuals with orthopaedic or other medical conditions or sports related injuries
Bruce Peninsula Community Living	Wiarton 519-534-0553 <a href="mailto:bpac@bmts.com">bpac@bmts.com</a>	Provides and advocates for a full range of community-based services for individuals with intellectual disabilities including accommodation, employment, day program, planning and family supports Bruce Grey Shore Employment Supports - employment program for individuals 16 years and over with mental health or intellectual disabilities who are eligible for the Ontario Disability Support Program (ODSP)	Bruce Peninsula area (Sauble Beach to Tobermory)	Individuals with an intellectual disability and their families no age restrictions
Bruce Peninsula Hospice Inc	Wiarton 519-534-1260 ext 5612 <a href="http://www.bphospice.ca">www.bphospice.ca</a> <a href="mailto:info@bphospice.ca">info@bphospice.ca</a>	Community-based organization of trained volunteers providing support for individuals and their families who are coping with life threatening illness and/or bereavement Hospice services provided in the home, hospital or long-term care home works cooperatively with physicians, palliative care teams, clergy and all community health care providers	Bruce Peninsula and area	Clients must be diagnosed with a life threatening or terminal illness, or be grieving the loss of a family member or friend
Bruce, County of	Kincardine 519-396-3450 ext 104 (Housing Registry) 519-396-3439 (Administration) <a href="http://www.brucecounty.on.ca/socialhousing.php">www.brucecounty.on.ca/socialhousing.php</a> <a href="mailto:housingregistry@brucecounty.on.ca">housingregistry@brucecounty.on.ca</a>	Manages publicly owned, rent-geared-to-income and market rent housing units Communities with public housing units: Chesley, Kincardine Lucknow, Mildmay, Paisley, Port Elgin, Ripley, Southampton, Tara, Teeswater, Tobermory, Walkerton, Wiarton. Communities with private non-profit housing: Formosa, Kincardine, Lion's Head, Port Elgin. Rent Bank - assists low-income people who have short-term rental arrears to avoid eviction.	Bruce	Individuals and families in need of affordable housing
Bruce, County of	Walkerton 519-881-0431 <a href="http://www.brucecounty.on.ca/ontworks.php">www.brucecounty.on.ca/ontworks.php</a> <a href="mailto:bcsswa@brucecounty.on.ca">bcsswa@brucecounty.on.ca</a>	Financial Assistance to cover certain related expenses such as bus transportation, child care and clothing Services provided by local Employment Resource Centres Community Employment Resource Centres: Kincardine 910 Queen St, Kincardine 519-396-2116 519-396-9299 (fax) Port Elgin 605 Mill St, Port Elgin 519-389-5566 519-389-5208 (fax) Walkerton Family Y Employment Resource Centre, Walkerton Wiarton 638 Berford St, Wiarton 519-534-1286 519-534-3404 (fax) Family Support Program - assists Ontario Works recipients to obtain child and spousal support payments Homemaking Program - funds housekeeping services provided in the client's home to low income individuals who meet medical and financial criteria - priority given to individuals not eligible for services from other agencies	Bruce	Adults and youth 16-65 years in financial need who meet eligibility requirements

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Brucelea Haven Home for the Aged	Walkerton 519-881-1570 <a href="http://www.brucecounty.on.ca">www.brucecounty.on.ca</a> <a href="mailto:bcblh@brucecounty.on.ca">bcblh@brucecounty.on.ca</a>	Licensed 144 bed long-term care home Offering light to heavy care private, semi-private and ward type rooms. Meal plan/service types include special diets, one meal sitting, snack area, family dining available Weekly visit by physician.	Walkerton and area (Bruce and Grey)	Must meet South West Community Care Access Centre criteria
Canada. Human Resources and Social Development Canada	1-800-277-9914 (English) 1-800-277-9915 (French) <a href="http://www.hrsdc.gc.ca">www.hrsdc.gc.ca</a>	Administers various income security programs and programs for persons with disabilities <b>Public Pensions:</b> <b>Canada Pension Plan (CPP)</b> - monthly benefit paid to people who have contributed to the CPP pension is designed to replace about 25 percent of the earnings on which a person's contributions were based. Qualify for a CPP retirement pension if you have made at least one valid contribution (payment) to the Plan and if: you are at least 65; or you are between 60 and 64, and meet the earning requirements set out in the legislation. Additional benefits include: <i>Death Benefit - Survivor's Pension - Children's Benefit</i> <b>Old Age Security (OAS)</b> - monthly benefits for seniors with a low income programs: <b>Guaranteed Income Supplement (GIS)</b> - for OAS pensioners. Allowance - for 60-64 years spouses/common-law partners of GIS recipients <b>Allowance for the Survivor</b> - for 60-64 years widowed spouses/common-law partners <b>International Benefits</b> - people who lived or worked in another country may be eligible for old age, retirement, disability or survivor benefits from that country, from Canada, or from both <b>Persons with Disabilities</b> Disability/Disabled Contributor's Child's Benefits (DSB/DDCCB) - monthly benefit paid to a contributor who is under 65 years, has made sufficient CPP contributions and is deemed disabled according to CPP legislation <b>Opportunities Fund for Persons With Disabilities</b> - assists persons with disabilities to prepare for and obtain employment or self-employment as well as to develop the skills necessary to maintain that new employment. Funding may be provided to cover costs such as participant wages or related employer costs; and funding may also be provided to cover overhead costs related to planning, organizing, operating, delivering and evaluating approved activities, including costs such as staff wages and employment related costs. Eligible expenses will be negotiated with program officials  Service Canada Centres - information, forms and publications regarding social development programs and services individual assistance by APPOINTMENT ONLY Call 1-800-277-9914 to book an appointment	Southwestern Ontario	Varies per program

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<p>Canada. Veterans Affairs Canada (VAC)</p>	<p>Owen Sound                      1-866-522-2122 (English)                      1-866-522-2022 (French)  <a href="http://www.vac-acc.gc.ca">www.vac-acc.gc.ca</a>  <a href="mailto:information@vac-acc.gc.ca">information@vac-acc.gc.ca</a></p>	<p>Provides for the economic, social, mental and physical well-being of veterans and their dependents                      War Veterans Allowance (WVA) - qualified persons (veterans and qualified civilians based on income testing), including their surviving spouses or orphans, are provided with a regular monthly income to meet basic needs in recognition of war service                      WVA is a gateway to other Veterans Affairs programs and benefits  <b>Disability Pension Program</b> - includes a Surviving Dependents Benefit <b>Veterans Independence Program (VIP)</b> - offers a variety of services that assist eligible persons to remain healthy and independent in their own homes assists with the costs of certain services such as: grounds maintenance, housekeeping, nutrition services such as Meals on Wheels, health and support services, transportation costs, ambulatory health care such as adult day care, nursing home care and home adaptations. <b>Health Care Program</b> - provides treatment and other health-related benefits, VIP benefits and services and long-term care benefits include: medical, surgical and dental care, prosthetic devices, home adaptations, supplementary benefits and prescription drugs  <b>Funeral, Burial and Grave Marking Assistance</b> - financial assistance to ensure a dignified funeral and burial for war veterans and qualified civilians administered by the <b>Last Post Fund (LPF)</b> , in cooperation with Veterans Affairs Canada                      Residential Care - establishes, manages and supports long-term care homes</p>	<p>Grey and Bruce</p>	<p>War veterans (regular force and peace time service) and their dependents</p>
<p>Canadian Cancer Society</p>	<p>Owen Sound                      519-376-6011  <a href="http://www.cancer.ca">www.cancer.ca</a>  <a href="mailto:bluewater@ontario.cancer.ca">bluewater@ontario.cancer.ca</a></p>	<p>National community based organization offers information on cancer prevention, detection and treatment                      Peer Support - Grey-Bruce Breast Cancer Support, Hanover and Area Cancer Support, Kincardine Cancer Support.                      Family Provided Transportation - assists families with the cost incurred for transporting a child to cancer treatment and related doctors appointments whether it be local or long distance                      Transportation - provided to people going to cancer treatment and related doctors appointments whether it be local or long distance transportation is provided by volunteer drivers.                      Volunteer Branches - located in Bruce Peninsula, Chesley, Dundalk, Durham, Flesherton, Hanover, Kincardine, Lucknow, Markdale, Meaford, Neustadt, Owen Sound, Paisley, Port Elgin/Southampton, Town of the Blue Mountains and Walkerton                      Wig Boutique - wigs and turbans are available at no charge call for appointment                      Smokers' Helpline - bilingual provincial telephone support                      Cancer Information Service - bilingual national information telephone</p>	<p>Bruce and Grey</p>	<p>Individuals experiencing cancer, and their families general public</p>

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Canadian Red Cross	Owen Sound 519-376-5373 <a href="http://www.redcross.ca">www.redcross.ca</a> <a href="mailto:owensound-brucegrey@redcross.ca">owensound-brucegrey@redcross.ca</a>	Provides customized community health services for seniors, children and individuals living with an acute or chronic conditions as a result of a physical or mental illness Personal Care - Home Management Services - meal preparation, laundry, grocery shopping/errands and light housekeeping – Respite and Companion Care - caregiving and family relief accompaniment to appointments – Home Equipment Loan Program (HELP) - short-term loan (up to three months) of clean, safe medical equipment including crutches, walkers, wheelchairs, commodes, bath seats for individuals convalescing in their own homes. Written authorization from a healthcare professional is required.	Bruce and Grey	Individuals of all ages living with an acute or chronic medical conditions requiring home support
Canadian Red Cross	Owen Sound 519-376-5373 <a href="http://www.redcross.ca">www.redcross.ca</a> <a href="mailto:owensound-brucegrey@redcross.ca">owensound-brucegrey@redcross.ca</a> Contact Stephanie Murray if interested in Community Health Services	Member of a worldwide organization that improves health, prevents disease and reduces suffering Safety Services - provides information and referral to Red Cross Authorized Providers for local first aid training, Cardiopulmonary Resuscitation (CPR), babysitting, etc. provides education presentations on water safety, Canadian Coast Guard approved water pleasure craft operators card (licence) includes self-study guide and Red Cross administered test. Disaster Services - provides emergency Social Services to individuals affected by a disaster. Emergency response team for large-scale disasters. Local office has emergency response team for small-scale disasters such as house fires, etc. to provide basic needs for up to 72 hours provides 20 minute and 1 hour Emergency Preparedness workshops to all ages Volunteer Opportunities - recruits volunteers to help in the Owen Sound office, Branch Council, Disaster Services and for special projects - training is provided	Bruce and Grey	No restrictions
CarePartners	Hanover 519-364-0222 <a href="http://www.carepartners.ca">www.carepartners.ca</a>	Provides visiting and shift nursing in the community including homes, schools, work places and long-term care homes Services provided include health care teaching, wound management, ostomy management and teaching, continence nursing, foot care, laboratory services, palliative care, prenatal monitoring and teaching, maternal and newborn care, medication management, diabetes teaching, IV therapy, pain management, caregiver relief, care of medically fragile infants and ventilator management.	Bruce and Grey	Based upon individual assessment contact the office

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Central Place Retirement Home	Owen Sound 519-371-1968 <a href="http://www.landengroup.ca">www.landengroup.ca</a> <a href="mailto:central@landengroup.ca">central@landengroup.ca</a>	140 bed retirement home. Private rooms and one bedroom suites private bathrooms couples' rooms. Provides short stay (i.e. temporary, vacation, convalescent, respite care) when space permits. Basic services include nursing care, 24-hour nursing staff, personal care, medication administration, emergency response system, meals, housekeeping, linens/bed changes, laundry, social/recreation programs, foot care, transportation, hair care and bathing assistance. Member of the Landen Group	Owen Sound and area (Grey)	Seniors who are independent or need only minor assistance
Chartwell Select Owen Sound	Owen Sound 519-371-5115 <a href="http://www.chartwellreit.ca">www.chartwellreit.ca</a>	121 unit retirement home. Studio, one bedroom, one bedroom + den and two bedroom suites private bathrooms , provides short stay (i.e. temporary, vacation, convalescent, respite care) when space permits. Basic services include medication administration; emergency response system; meals; housekeeping; linens/bed changes; and social/recreation programs. Different levels of care available at additional cost. Facilities include library, lounge, theatre room, country kitchen with use of cooking facilities, fitness area, spa and hair salon, café, private dining room, guest suites, visitor meal program, patio, landscaped grounds, greenhouse, scooter room and private lockers	Owen Sound and area (Grey and Bruce)	Seniors who are independent or need only minor assistance
Chippewas of Nawash Unceded First Nation	Warton 519-534-1689 (Administration) 519-534-0373 (Health Centre) 519-534-5683 (Homemaking) 519-534-3818 (Native Child Welfare) 519-534-4918 (Maadookii Seniors Centre) <a href="http://www.nawash.ca">www.nawash.ca</a>	Home and Community Care - offers a wide range of health services to the Nawash community with a focus on disease prevention and health promotion Foot clinic once a month, homemaking service, psychologist once a week. Narcotics Anonymous meetings traditional healer four times a year Native Child Welfare Family Support Program - parenting program and information and foster care Nawash Youth Group - group for teen 13-18 years Teen's Night, Drop In, workshops, fundraisers and cultural activities Maadookii Seniors Centre - hosts a number of services and activities for seniors including home visits, snow removal, social gatherings and day trips Seniors Apartments - 14 non-profit seniors only apartments D'binooshnowin Crisis Shelter	Nawash First Nation (Bruce)	Residents of the Nawash First Nation



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Choices Living Retirement Residence	Hanover 519-506-9000 <a href="http://www.choicesliving.com">www.choicesliving.com</a> <a href="mailto:hsingh@choicesliving.com">hsingh@choicesliving.com</a>	20 bed retirement home private, semi-private and ward rooms shared bathrooms couples` rooms Provides short stay (i.e. temporary, vacation, convalescent, respite care) when space permits crisis admissions Basic services include nursing care; 24 hour nursing staff; personal care; medication administration; emergency response system; meals; housekeeping; linens/bed changes; laundry and social/recreation programs hair care; foot care Transportation available for a fee	Hanover and area (Grey and Bruce)	Seniors and older adults who are independent or need only minor assistance
Closing the Gap Healthcare Group	Owen Sound 519-370-2165 <a href="http://www.closingthegap.ca">www.closingthegap.ca</a>	Provides community-based health services including occupational therapy, physiotherapy, dietitian, social work and speech-language pathology services Services are provided in-home, school, community or work environments	Owen Sound and area (Grey and Bruce)	
CML Healthcare - Laboratory Services	Hanover 519-364-2995 <a href="http://www.cmlhealthcare.com">www.cmlhealthcare.com</a>	Medical laboratory services	Hanover and area (Grey)	Individuals requiring medical tests
CNIB (Canadian National Institute for the Blind)	Owen Sound 519-371-2721 <a href="http://www.cnib.ca">www.cnib.ca</a> Call 1-866-659-1843 for more information on adaptive device products available for use or purchase	Community-based charity committed to research, public education and vision health Provides services and support for people living with vision loss Career Development and Employment - employment counsellors assist with job search advice, employer contacts, job station accommodation and career guidance Counselling and Referral - rehabilitation team provides help to cope with vision loss and the frustrations that can occur provides referral to professionals in the community if long term counselling is necessary Library for People with Vision Loss - lends books and other materials on CD Orientation and Mobility - professional instructors give individual instruction based on level of vision, age and individual goals focus is on being able to move around safely and independently in the home, supermarket or neighbourhood Independent Living Skills - promotes client's independence by developing practical daily living skills Low Vision Services - assists low vision clients to optimize their remaining vision through the use of optical and non-optical low vision aids Technical Aids - offers demonstrations and consultation to help clients make informed decisions about the availability, selection, use and purchase of technical aids and adaptive devices Volunteer Services - volunteers provide ongoing support to existing vision rehabilitation services	Bruce, Dufferin and Grey	Individuals with a vision loss

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Community Living Kincardine & District	Kincardine 519-396-9434 <a href="http://www.clkd.ca">www.clkd.ca</a> <a href="mailto:clkd@tnt21.com">clkd@tnt21.com</a>	Provides and advocates for a full range of community-based services for individuals with intellectual disabilities including accommodation, employment, day program, planning and family supports Adult Support Services - assists people who wish to share living accommodations, live independently and want assistance to pursue employment and other community resources Day Service - assists individuals in developing life skills, including decision making; literacy; money awareness; community involvement and socialization Residential Service - home offers support and skills training as needed 24 hour support available Respite Program - 24 hour staffed house providing support for families in need of a break or in times of crisis Youth Services - staff assist with transition planning for after school, job preparedness and employment assistance evening recreation programs.	Kincardine and area (Bruce)	Individuals with an intellectual disability and their families no age restrictions
Community Living Meaford	Meaford 519-538-4165 <a href="mailto:info@communitylivingmeaford.ca">info@communitylivingmeaford.ca</a>	Provides and advocates for a full range of community-based services for individuals with intellectual disabilities including accommodation, employment, planning and family supports , operates four residential group homes, supportive independent living program day programs employment program.	Meaford, St Vincent, Town of the Blue Mountains and area (Grey)	Adults 18 years and over with an intellectual disability and their families restrictions
Community Living Owen Sound and District	Owen Sound 519-371-9251	Provides and advocates for a full range of community-based services for individuals with intellectual disabilities including accommodation, planning and family supports Family Support Coordination - provides support services and resources to adults and children and their families who have physical and developmental disabilities and/or are at risk of delay Infant Development and Preschool Resource Programs - provides home visiting, child care centre visiting, early intervention and prevention services for infants and young children at risk of or who have developmental disabilities Supported Independent Living - visiting attendant care services for individuals 18-65 years, with physical disabilities who are able to direct their own care service operates 24 hours daily, office hours are 9-4 Monday-Friday	Serves the north part of Grey and Bruce counties excluding the Bruce Peninsula	Individuals with developmental disabilities and their families
Community Living Walkerton & District	Walkerton 519-881-3713 <a href="http://www.clwalkerton.org">www.clwalkerton.org</a>	Provides and advocates for a full range of community-based services for individuals with intellectual disabilities including accommodation, employment, planning and family supports	Walkerton and area (South Bruce and Grey)	Individuals with an intellectual disability and their families no age restrictions

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Community Rehab Services	Kincardine 519-396-2070	<p>Provides physiotherapy, occupational therapy, massage therapy, rehabilitation services and psychological services</p> <p>Cardiac Rehabilitation - supervised physical activity, health education and promotion of healthy lifestyle choices prescribed by the physician</p> <p>Foot Care and Orthotics - Chiropodist provides assessment and comprehensive treatment for all foot disorders from corns, calluses, nail conditions and dermatological conditions to surgical removal of ingrown nails also provides educational in-servicing and advice on all types of foot health as well as preventative foot care appointments available on Thursdays</p> <p>Get Fit Program - individualized exercise program supervised by a kinesiologist designed to improve strength, endurance and flexibility</p> <p>Mobility Assessments for the Assistive Devices Program (ADP) - assessment and assistance with determining an individual's eligibility for the Assistive Devices Program (ADP)</p> <p>Worker's Compensation Board Community Clinic Program - provides rehabilitation to workers with soft-tissue related injuries provides an assessment and individualized treatment plan determined by a physiotherapist</p> <p>Psychological Services - for anyone who has sustained physical, emotional, cognitive or psychological trauma as a result of a motor vehicle accident or work related injury individuals and their families can be referred for psychological assessment, treatment and rehabilitation</p>	Kincardine and area (Bruce and North Huron)	
Compassionate Care Health Services Inc	Durham 519-378-8323 <a href="http://www.compassionatecarehealth.ca">www.compassionatecarehealth.ca</a> <a href="mailto:kathycompassionatecare@yahoo.ca">kathycompassionatecare@yahoo.ca</a>	<p>Private professional care in home, hospital or long-term care settings</p> <p>personal care, respite care, palliative care, medication administration, homemaking services, including meal preparation, laundry, errands and light housekeeping services</p> <p>Assistance with activities of daily living including accompaniment and transportation to appointments, companionship</p> <p>Handles WSIB claims and is a Veterans Affairs Provider</p>	Grey, Bruce and north Wellington	Individuals requiring private home support services to live independently
Country Care Seniors' Residence	Allenford 519-934-2875 <a href="mailto:rbevans@bmts.com">rbevans@bmts.com</a>	<p>7 bed retirement home private rooms private bathrooms provides short stay (i.e. temporary, vacation, convalescent, respite care) when space permits</p> <p>Basic services include medication administration, emergency response system, meals, housekeeping, linens/bed change, laundry and social/recreation programs nursing care, 24-hour nursing care and personal care services available at additional cost, hair care, foot care, transportation available for set fee</p> <p>Residence set on large farm and facilities include gardens, lounges, library, porch, sunroom and deck.</p>	Allenford and area (Bruce and Grey)	Contact the facility for details

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Country Lane Long Term Care	Chatsworth 519-794-2244 <a href="http://www.reveraliving.com/homes/54/countrylane@reveraliving.com">www.reveraliving.com/homes/54/countrylane@reveraliving.com</a>	Licensed 34 bed long-term care home offering light to heavy care private, semi-private and ward type rooms Meal plan/service types include special diets, two meal sittings, family dining available Twice weekly physician visits	Chatsworth and area (Grey and Bruce)	Must meet South West Community Care Access Centre criteria
Cross County Patient Transfer Inc	Berkeley 519-986-3320 <a href="mailto:ccpt@tcc.on.ca">ccpt@tcc.on.ca</a>	Non-urgent private patient transfer service for stable patients being transported by stretcher from and to hospitals, long-term care homes, nursing/retirement homes, private residences, etc.	Bruce and Grey	Individuals requiring non-emergency transfers
Elgin Abbey Nursing and Retirement Home	Chesley 519-363-3195 <a href="mailto:elginabb@log.on.ca">elginabb@log.on.ca</a>	Licensed 27 bed long-term care home and 14 bed retirement home  Long Term Care - offers light to heavy care private, semi-private and ward type rooms meal plan/service types include special diets, one meal sitting, snack area, family dining available at a cost, weekly physician visit  Elgin Abbey Lodge - retirement home private and semi-private rooms private bathrooms couples' rooms provides short stay (i.e. temporary, vacation, convalescent, respite care) when space permits Basic services include nursing care; 24 hour staff (nursing on-call); personal care; medication administration; emergency response system; meals; housekeeping; linens/bed changes; laundry, social/recreation programs and basic foot care hair care and advance foot care available for a fee.  Member of Ontario Retirement Communities Association	Chesley and area (Bruce and Grey)	Long-Term Care: must meet South West Community Care Access Centre criteria  Retirement Home: seniors who are independent or need only minor assistance
Emerald Heights Assisted Living	Chesley 519-363-3940	27 bed retirement home private rooms private and shared bathrooms couples' rooms provides short stay (i.e. temporary, vacation, convalescent, respite care) when space permits ,crisis admissions. Basic services include 24 hour nursing staff; personal care; medication administration; emergency response system; meals; housekeeping, linen/bed change and concierge services, hair care, transportation and physiotherapy available for a fee Facilities include a library Day Program - private day program providing caregiver relief as needed Formerly the Brittany Villa Retirement Home	Chesley and area (Bruce and Grey)	Seniors who are independent or need only minor assistance

Data Courtesy of [www.theHealthline.ca](http://www.theHealthline.ca) as at December 2008

Organization	City/Phone/Web/Email	Description of Services	Area	Eligibility
Errinrung Residence	Thornbury 519-599-2737	Licensed 60 bed long-term care home and 70 bed retirement home Long-Term Care - offers light to heavy levels of care private, semi-private and ward rooms short stay (respite) available meal plan/service types include special diets, one meal sitting, snack area, family dining available at a cost weekly physician visit  Retirement Home - short stay/respite available minimal assistance including light nursing care is available to the residents dependent upon their needs Member of the Ontario Retirement Communities Association (ORCA)	Thornbury and area (Grey)	Long-Term Care: must meet South West Community Care Access Centre criteria  Retirement Home: seniors who are independent or need only minor assistance
First Student Canada	Owen Sound 519-376-5712	Wheelchair accessible bus transportation Pick up times must be pre-arranged Formerly Laidlaw Transit	Bruce and Grey	
Gateway Haven Long-Term Care	Warton 519-534-1113 <a href="http://www.brucecounty.on.ca">www.brucecounty.on.ca</a> <a href="mailto:bcgwh@brucecounty.on.ca">bcgwh@brucecounty.on.ca</a>	Licensed 100 bed long-term care home offering light to heavy care private, semi-private and basic (ward) rooms Meal plan/service types include special diets, one meal sitting, family dining available at a cost. Weekly physician visit or as required	Warton and area (Bruce)	Must meet South West Community Care Access Centre criteria
Georgian Handivan Association	Meaford 519-538-5577 (Laidlaw Dispatch) <a href="mailto:pdoran@bmts.com">pdoran@bmts.com</a>	Provides specialized (wheelchair) transportation for people with disabilities and the elderly in the Municipality of Meaford.	Meaford (Grey)	Individuals must demonstrate limited mobility due to age or disability
Georgian Heights Health Care Centre	Owen Sound 519-371-1441 <a href="http://www.reveraliving.com/homes/52/GeorgianHeights@reveraliving.com">www.reveraliving.com/homes/52/GeorgianHeights@reveraliving.com</a>	Licensed 40 bed long-term care home offering light to heavy levels of care private, semi-private and ward rooms Meal plan/service types include special diets, one meal sitting, snack area and family dining available. Physician visits twice weekly	Owen Sound and area (Grey)	Must meet South West Community Care Access Centre criteria
Golden Dawn Senior Citizen Home	Lion's Head 519-793-3433	Licensed 45 bed long-term care home and 21 seniors only apartments Long Term Care - offers light to heavy care private, semi-private and ward type rooms Meal plan/service types include special diets, one meal sitting, family dining available, cost varies Physician on-call Senior Citizen Apartments - rent-geared-to-income housing for independent people 60 years and over	Lion's Head and area (Bruce)	Long-Term Care: must meet South West Community Care Access Centre criteria  Apartments: seniors 60 years and over

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Organization	City/Phone/Web/Email	Description of Services	Area	Eligibility
Golden Years Community Support Services Ltd	Chesley 519-363-6161 <a href="http://www.goldenyearscommunitysupport.com">www.goldenyearscommunitysupport.com</a> <a href="mailto:goldenyears3@sympatico.ca">goldenyears3@sympatico.ca</a>	In-Home Adult Care - provides assistance with daily living including hygiene assistance, meal assistance, laundry and house cleaning, and accompaniment and transportation to appointments medication administration as needed  Adult Day Program (social) - offers activities, musical entertainment, nutritious snacks, discussion groups, exercise, dance and walking groups holiday, birthday and theme celebrations 9-2 Tuesdays and Thursdays at 11 1st Ave N, Chesley	Chesley and area (Bruce and Grey)	Older adults and seniors requiring private home care or an adult day program
Greenhaven Place	Owen Sound 519-376-7544 <a href="mailto:greenhaven@rogers.com">greenhaven@rogers.com</a>	6 bed retirement home Short stay (respite) available, private bathrooms, organic food available, regular outings and assistance with appointments.	Owen Sound and area (Grey)	Contact the facility for details
Grey Bruce and Huron Disability Transportation Corporation	Walkerton 519-881-2504	Provides transportation to the frail, elderly, mentally, physically and impaired persons to and from hospitals, appointments, shopping and social events.	South Bruce and Grey	Individuals with limited mobility due to age or disability
Grey Bruce Community Coalition for the Prevention of Falls in Older Adults	Walkerton 519-881-1920 Ext 246 <a href="mailto:thomasm@publichealthgreybruce.on.ca">thomasm@publichealthgreybruce.on.ca</a>	Coalition of Community Agencies and Volunteers works to reduce the incidence of falls in older adults  Education and awareness of falls risk factors public education resources including DVD and instructor guide, print materials theatrical presentations (Bruno & Alice) - for more information please call 519-369-3625  Instructor Training for Home Support Exercise Program - training recommended for personal support workers, activation personnel, activity directors of day away programs and relatives of older adults. Certified through the Canadian Centre for Activity & Aging Program	Grey and Bruce	Older adults, families of older adults, exercise instructors, home health care providers or agencies providing service to older adults

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Organization	City/Phone/Web/Email	Description of Services	Area	Eligibility
<p>Grey Bruce Community Health Corporation</p>	<p>Owen Sound 519-371-2390 <a href="http://www.mhagb.ca">www.mhagb.ca</a> <a href="mailto:housing@gbchc.org">housing@gbchc.org</a></p> <p>Wiarton 519-534-0333 (The Green House) 519-534-4451 (WorkAble) <a href="http://www.mhagb.ca">www.mhagb.ca</a> <a href="mailto:housing@gbchc.org">housing@gbchc.org</a></p>	<p>Provides support for everyday living, advocacy and safe, affordable housing to adults with serious mental illness</p> <p>Brooke House Group Home - community-based housing for adults who are recovering from mental health problems and who have a need to develop and enhance skills required for successful community living daily support and on call service is available to residents</p> <p>Riverview Apartments - provides a supportive environment for individuals who wish to live independently with the support of peers and regular staff visits</p> <p>The Apartment Program - apartments consist of bachelor or one bedroom units with larger units provided as needed, rent subsidies are available, a furnishings bank including furniture and household wares is available for loan up to one year to clients in need. Staff provide functional assessments and on going goal setting, one on one supportive counselling and assistance with day to day problem solving, skill-teaching and practical assistance with household management and up to three hours individual support weekly</p> <p>The Green House - drop in provides social recreation activities and support provides one to one support for individuals who are interested in getting involved with leisure and social activities in their community offers a wide range of social, recreation, education and peer support activities and special events based on participant interests. Sessions are offered with small groups interested in developing or improving their skills in specific areas including communications, self-discovery, job re-entry, and practical skill areas</p> <p>WorkAble Employment Services - supported employment is available to assist people to develop job-related skills and to find and keep volunteer or paid employment. Provides education, skill building, support and advocacy to assist people with serious mental illness to set and achieve vocational goals, job coaching, skills development and support to a consumer run business.</p> <p>"Grass Roots" is provided Frank Street Group Home - community-based housing for adults who are recovering from mental health problems and who have a need to develop and enhance skills required for successful community living daily. Support and on call service is available to residents.</p>	<p>Bruce and Grey</p>	<p>Individuals with a serious mental illness</p>

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Organization	City/Phone/Web/Email	Description of Services	Area	Eligibility
Grey Bruce County Stroke Recovery Network Chapter	Owen Sound	Support group that provides stroke survivors and their families an environment in which they can meet for social and educational programs, information and peer support. See also: Stroke Recovery Network.	Grey and Bruce	Survivors of stroke and their family and friends
Grey Bruce Geriatric Education Cooperative	Owen Sound 519-376-7230 <a href="mailto:info@alzheimergreybruce.com">info@alzheimergreybruce.com</a>	Cooperative of service providers, caregivers and advocates who serve the geriatric population of Grey and Bruce Counties. Provides educational resources and training to enhance knowledge and skills and to promote evidence-informed practices. Identifies and addresses future directions and trends, provides input and a direct voice to policy and governance. Organizations to advocate for Grey-Bruce seniors and issues, develops partnerships to share knowledge, financial and human resources. Meets three times per year. Members access newsletter and special events.	Grey and Bruce	Service providers, agencies, caregivers, volunteers, students and advocates serving the geriatric population
Grey Bruce Health Services	Owen Sound 519-376-2121 ext 2222 (Information) 519-376-2121 ext 3921 (Bookings) <a href="http://www.gbhs.on.ca">www.gbhs.on.ca</a>	Specialized outpatient services. Clinics: Congestive Heart Failure Clinic, Dermatology Clinic, Ear Nose and Throat Clinic, Endocrinology Testing, Esophageal Motility, Eye Laser. Family Practice Clinic, Flurosceine, Angiography, Fracture Clinic, General Medicine Clinic, Gynaecology, Hepatitis C Clinic, Minor Procedure Clinic, Ophthalmology, Phlebotomy Clinic, Phototherapy Clinic, Sigmoidoscopy, Urodynamics, Urology Clinic, Vascular Lab Studies, Visual Field Testing.	Bruce and Grey	
Grey Bruce Health Services	Owen Sound 519-376-4832 <a href="mailto:cardiacrehab@ymcaowensound.on.ca">cardiacrehab@ymcaowensound.on.ca</a>	Medically supervised exercise and counselling program. Information on topics related to coronary artery disease, stress management and relaxation, blood pressure testing. Information on diet and weight control and family social events. Daily counselling with registered nurse. 6 month program. Affiliated with London Health Sciences Centre	Grey and Bruce	Adults who have had a heart attack or bypass surgery, or who are considered at high risk for development of coronary artery disease. Candidates initially undergo a screening process.



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Organization	City/Phone/Web/Email	Description of Services	Area	Eligibility
Grey Bruce Health Services	Owen Sound 519-376-2121 ext 2920 <a href="http://www.gbhs.on.ca/services_display.php?recid=30">www.gbhs.on.ca/services_display.php?recid=30</a> <a href="mailto:msolomon@gbhs.on.ca">msolomon@gbhs.on.ca</a>	Provides integrated stroke care based on best practice guidelines for the local community, from the emergency room and inpatient setting to rehabilitation and return to the community. Helps local stroke survivors find information, promotes healthy living and stroke prevention with community partners, works with partners in long-term care. Stroke Prevention Clinic - community-based stroke prevention for patients who are at high risk for stroke, have had a Transient Ischemic Attack (TIA) and/or who have had a stroke. Centre is interested in starting support groups and conversation groups for individuals with aphasia. Call for more information. One of five District Stroke Centres within the Southwestern Ontario Stroke Strategy.	Grey and Bruce	Individuals who have had a stroke or at risk of a stroke and their families
Grey Bruce Health Services	Lion's Head 519-793-3424 <a href="http://www.gbhs.on.ca/lionshead.php">www.gbhs.on.ca/lionshead.php</a>	4 bed hospital with emergency department offers acute care, laboratory and X-ray. Programs and Services: Diabetes - inpatient consultation, Inpatient Medical Care (Acute Care), Nutrition - inpatient Palliative Care, Physiotherapy.	North Bruce	Eligibility varies depending on the program or service
Grey Bruce Health Services	Markdale 519-986-3040 <a href="http://www.gbhs.on.ca">www.gbhs.on.ca</a>	14 bed rural hospital with 24 hour emergency care. Offering general and orthopedic surgery, and ambulatory care clinics. Preschool Speech and Language Service - provides assessment and intervention to preschool children and clinical and educational support to parents and other care-providers. Programs and Services: Diabetes Education, Diabetes Resource Centre, Inpatient Medical Care (Acute Care), Nutrition, Palliative Care, Physiotherapy.	Grey	Eligibility varies depending on the program or service
Grey Bruce Health Services	Meaford 519-538-1311 <a href="http://www.gbhs.on.ca">www.gbhs.on.ca</a>	20 bed hospital with emergency department. Offers general surgery, orthopedics, dermatology and mental health services. Preschool Speech and Language Service - provides assessment and intervention to preschool children and clinical and educational support to parents and other care-providers. Programs and Services: Diabetes Education, Diabetes Resource Centre, Inpatient Medical Care (Acute Care), Nutrition, Palliative Care, Physiotherapy.	Grey	Eligibility varies depending on the program or service

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Organization	City/Phone/Web/Email	Description of Services	Area	Eligibility
Grey Bruce Health Services	Owen Sound 519-376-2121 <a href="http://www.gbhs.on.ca">www.gbhs.on.ca</a>	<p>Hospital based and community based mental programs and services 16 bed inpatient psychiatric unit and 4 bed locked psychiatric intensive care unit.</p> <p>Crisis Intervention Team - provides help to individuals and families who are in crisis or emergency situations. 24 hours daily. Operates from the Owen Sound Hospital emergency department.</p> <p>Assertive Community Treatment Team - 519-376-2121 ext 2386 - comprehensive integrated services to individuals with a serious mental illness assistance with activities of daily living, medication assistance, skills training, vocational support, and family education and support community-based.</p> <p>Community Outreach Treatment Team - 519- 376-2121 ext 2430 - community based program that is an alternative to hospitalization for people with acute mental health difficulties. Provides intensive mental health services to clients in the community with the goal of stabilization and making community referrals.</p> <p>Aftercare - provides community follow-up and support to individuals with long-term serious mental illness.</p> <p>Psychogeriatric Unit - 20 bed unit provides services to patients who are cognitively impaired.</p> <p>Community Mental Health Service Coordinator - 519-376-2121 ext 2480 - provides resource, collaboration, and consultation to service providers, consumers, families, and the legal system regarding information about mental health legislation and community treatment orders.</p> <p>Dual Diagnosis Coordinator - 519-376-2121 ext 2486 - consults with any agencies or family members supporting people 16 years and over with intellectual disabilities, whenever there is a question about mental health and the adult mental health system.</p> <p>See also: Community Mental Health Teams of Grey Bruce</p>	Bruce and Grey	Individuals with serious mental health problems
Grey Bruce Health Services	Owen Sound 519-376-2121 <a href="http://www.gbhs.on.ca">www.gbhs.on.ca</a>	<p>244 bed hospital with emergency department, regional referral centre for Grey and Bruce Sexual Assault and Partner Abuse Care Centre, Ambulatory Care, Mental Health Services, Women and Child Care, Grey Bruce District Stroke, Ontario Breast Screening Program site.</p> <p>Programs and Services: Acute Inpatient Rehabilitation Unit, Critical Care Services, Diabetes Education, Diabetes Resource Centre, Dialysis Services, Health Centre Pharmacy, Inpatient Medical Care (Acute Care), MRI (Magnetic Resonance Imaging), Nutrition, Occupational Therapy, Outpatient Oncology Services, Palliative Care, Palliative Care Hospice Volunteers, Physiotherapy, Preschool Speech and Language Service, Psychogeriatric Assessments, Recreation Therapy, Respiratory Therapy Services.</p>	Bruce and Grey	Eligibility varies depending on the program or service

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Organization	City/Phone/Web/Email	Description of Services	Area	Eligibility
Grey Bruce Health Services	Owen Sound 519-376-2121 ext 2458 <a href="http://www.gbhs.on.ca">www.gbhs.on.ca</a>	Provides direct counselling services, treatment, collection of sexual assault and domestic violence evidence, public education and consultation works with police, crown attorneys, victim services and other social service organizations in Grey and Bruce Counties.	Bruce and Grey	
Grey Bruce Health Services	Southampton 519-797-3230 <a href="http://www.gbhs.on.ca">www.gbhs.on.ca</a>	16 bed hospital with emergency department. Services: Cardiac monitoring, women's health clinic and day surgery services. Preschool Speech and Language Service - provides assessment and intervention to preschool children and clinical and educational support to parents and other care-providers . Programs and Services: Diabetes Education, Diabetes Resource Centre, Inpatient Medical Care (Acute Care), Nutrition, Palliative Care, Physiotherapy.	Bruce	Eligibility varies depending on the program or service
Grey Bruce Health Services	Warton 519-534-1260 <a href="http://www.gbhs.on.ca">www.gbhs.on.ca</a>	15 acute care bed hospital with emergency department Offers obstetrics, dental surgery and mental health and addictions programs. Preschool Speech and Language Service - provides assessment and intervention to preschool children and clinical and educational support to parents and other care-providers. Programs and Services: Diabetes Education, Diabetes Resource Centre, Inpatient Medical Care (Acute Care), Nutrition, Palliative Care, Physiotherapy, Psychogeriatric Assessments.	Bruce and Grey	Eligibility varies depending on the program or service
Grey Bruce Health Services	Owen Sound 519-376-5666 <a href="http://www.gbhs.on.ca">www.gbhs.on.ca</a> <a href="mailto:wms@gbhs.on.ca">wms@gbhs.on.ca</a>	Non-medical co-ed residential facility with hospital back up. Assessment, referral, motivation towards positive lifestyle change are provided. Models offered are Self-help, Biopsychosocial, Stages of Change and holistic supportive housing also provided to clients attending the Addiction Day Treatment Program or waiting for residential treatment outside Bruce and Grey.	Bruce and Grey	Adults and youth 16 years and over who are under the influence of alcohol and/or drugs
Grey Bruce Health Services	Owen Sound 519-376-2121 <a href="http://www.gbhs.on.ca">www.gbhs.on.ca</a>	Provides obstetrical, neonatal, paediatric and gynecological care, midwifery services ,Birth Preparation clinic and Lactation Consultation programs. Paediatric Unit provides care to acutely ill children including children recovering from surgery, acute and chronic breathing problems, cancer treatment and a host of childhood diseases.	Bruce and Grey	Women and children 16 years and under

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Organization	City/Phone/Web/Email	Description of Services	Area	Eligibility
Grey Bruce Health Services	Owen Sound 519-376-2121 <a href="http://www.gbhs.on.ca">www.gbhs.on.ca</a>	Alliance of health care centres in 6 communities. Regional Hospital, Owen Sound Hospital, Rural Hospitals: Lion's Head Hospital, Markdale, Meaford Hospital, Southampton Hospital, Wiarton Hospital. See also Addiction Day Treatment, Cardiac Rehabilitation, Community Mental Health Teams of Grey, Withdrawal Management Services.	Bruce and Grey	Eligibility varies depending on the program or service
Grey Bruce Health Unit	Owen Sound 519-376-9420 <a href="http://www.publichealthgreybruce.on.ca">www.publichealthgreybruce.on.ca</a> <a href="mailto:publichealth@publichealthgreybruce.on.ca">publichealth@publichealthgreybruce.on.ca</a>	Provides public health services that promote health and prevent disease programs support and encourage people to make healthy life-style choices. Staff work with the community to ensure that public health standards are being met in the areas of parental/child health, chronic disease and injury prevention, smoking cessation/legislation, communicable diseases, sexual health, environmental health, dental health, epidemiological investigation, and practical public health research and evaluation, Health Promotion - Family Health, Healthy Babies Healthy Children, Reproductive Health, Youth Initiatives, Injury Prevention, Workplace Wellness, Prevention of Chronic Disease and Community Health Status, Information Health Protection - Vaccine Preventable diseases, Control of Infectious Diseases, Food Safety, Health Hazard, Emergency Planning, Pandemic Planning, West Nile virus, Rabies, Tuberculosis control and Environmental Program. Immunization Clinics - regularly scheduled clinics are held in Owen Sound, Walkerton and Port Elgin publicly funded vaccines such as the influenza vaccine are available free of charge, others available at cost. Clinic schedule is available on the website. Sexual Health Clinic Satellite Office: 30 Park St, Box 248 Walkerton, ON NoG 2V0 519-881-1920 1-800-821-7714	Bruce and Grey	Varies per program
Grey Bruce Palliative Care Hospice Association	Owen Sound 519-376-0419 <a href="mailto:gbhospice@brucetelecom.com">gbhospice@brucetelecom.com</a>	Provides comfort and support to individuals and families who are living with or dying from a progressive life-threatening illness. Focuses on meeting physical, emotional, social and spiritual needs, grief and bereavement support. Hospice Volunteer Visiting - trained palliative care-hospice volunteers provide information and assistance in accessing physical, emotional, social and spiritual support. Provides practical services including reading, running errands, writing letters, companionship, listening, assistance with outings and friendly visiting volunteers also offer support and respite for family caregivers. Grief Support - volunteers trained in the area of grief and bereavement provide personal and/or telephone support for as long as necessary prior to and following the death of a loved one. Palliative Resource Library - reading, audio and video materials available.	Bruce and Grey	Individuals of any age (from birth onwards) living with a life threatening illness, their caregivers and recently bereaved individuals

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Organization	City/Phone/Web/Email	Description of Services	Area	Eligibility
Grey Bruce Physiotherapy	Owen Sound -- 519-372-2113	Physiotherapy clinic	Owen Sound and area (Grey)	
Grey Gables Home for the Aged	Markdale 519-986-3010 <a href="http://www.greycounty.ca">www.greycounty.ca</a> <a href="mailto:sperson@greycounty.ca">sperson@greycounty.ca</a>	Licensed 66 bed long-term care home offering light to heavy levels of care private, semi-private and ward rooms. Meal plan/service types include special diets, one meal sitting, snack area, family dining available at a cost. Physician visits three times weekly.	Markdale and area (Grey)	Must meet South West Community Care Access Centre criteria
Grey, County of	Owen Sound 519-376-5744 <a href="http://www.greycounty.ca/housing/rwyatt@greycounty.ca">www.greycounty.ca/housing/rwyatt@greycounty.ca</a>	Manages publicly owned rent-geared-to-income and market rent housing units. Communities with public housing units: Chatsworth, Grey Highlands (Flesherton and Markdale), Hanover, Meaford, Owen Sound, Southgate (Dundalk and Holstein), The Blue Mountains (Thornbury), West Grey (Durham). Communities with private non-profit housing: Durham, Hanover, Meaford, Neustadt, Owen Sound. List of housing locations, and number and types of units is on the website.	Grey	Individuals and families in need of affordable housing
Grey, County of	Owen Sound -- 519-376-7324 <a href="http://www.greycounty.ca/socialservices/socialservices@greycounty.ca">www.greycounty.ca/socialservices/socialservices@greycounty.ca</a>	Short term financial assistance may be available for general living expenses, such as food and shelter. Child care subsidies may also be available.	Grey	Adults and youth 16-65 years in financial need who meet eligibility requirements
Hampton Court Retirement Lodge	Southampton 519-797-2000 <a href="http://www.reveraliving.com/homes/222/hamptoncourt@reveraliving.com">www.reveraliving.com/homes/222/hamptoncourt@reveraliving.com</a>	34 bed retirement home private and semi-private rooms, private bathrooms, provides short stay (i.e. temporary, vacation, convalescent, respite care) when space permits, crisis admissions. Basic services include nursing care; 24 hour nursing staff; personal care; medication administration; emergency response system; meals; housekeeping; linens/bed changes; laundry; social/recreation programs; hair care; and foot care additional services can be purchased as the level of care increases. Member of the Ontario Retirement Communities Association (ORCA)	Southampton and area (Bruce)	Seniors who are independent or need only minor assistance
Hannah Walker Place	Owen Sound 519-371-1664 <a href="http://www.landengroup.ca">www.landengroup.ca</a> <a href="mailto:hannah@landengroup.ca">hannah@landengroup.ca</a>	65 bed retirement home private rooms and one bedroom suites, private bathrooms, couples' rooms, provides short stay (i.e. temporary, vacation, convalescent, respite care) when space permits. Basic services include nursing care, 24-hour nursing staff, personal care, medication administration, emergency response system, meals, housekeeping, linens/bed changes, laundry, social/recreation programs, hair care, foot care and transportation facilities include patio and gardens in a Victorian-style home with elevator. Member of the Landen Group	Owen Sound and area (Grey)	Seniors who are independent or need only minor assistance

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Organization	City/Phone/Web/Email	Description of Services	Area	Eligibility
Hanover and District Hospital	Hanover 519-364-2340 ext 285 <a href="http://www.hanoverhospital.on.ca">www.hanoverhospital.on.ca</a> <a href="mailto:admin@hanoverhospital.on.ca">admin@hanoverhospital.on.ca</a>	Outpatient program provides day treatment to medical patients, provides healthcare assessments, personal care and physical exercise. Patients access rehabilitation services while avoiding hospitalization, care and treatment provided by a team of health care professionals including physician, care manager, registered nurse, kinesiologist and physiotherapist. Socialization and recreational activities are components of each patient's therapeutic program. The program delays institutionalization, provides relief for caregivers and provides socialization for patients. Transportation is not provided Note: the Medical Day Hospital is not the "Day Away Program" operated by Home and Community Support Services at the Hanover and District Hospital.	Bruce and Grey	Patients who have a debilitating or deteriorating disease such as stroke, multiple sclerosis, arthritis patients requiring a therapeutic exercise program patients requiring a special bathing system
Hanover and District Hospital	Hanover 519-364-2340 <a href="http://www.hanoverhospital.on.ca">www.hanoverhospital.on.ca</a> <a href="mailto:admin@hanoverhospital.on.ca">admin@hanoverhospital.on.ca</a>	80 bed acute care/medical/surgical/obstetrics hospital with an emergency department. Specialist clinics such as Urology, Orthopedics and Pediatrics are held on a regular basis. Hospital Program - provides healthcare assessments, personal care and physical exercise on an outpatient basis. Programs and Services: Ambulatory Care Clinics - 8-4 Mon-Fri, Diabetes Education Program, Diagnostic Imaging - 7:30-5 Mon-Fri, Hemodialysis, satellite for London Health Sciences Centre Laboratory: inpatient and outpatient - 9-12noon Mon-Fri Nutritional Services Clinical Obstetrics/Family Centred Care Birthing Centre Palliative Care Services Physiotherapy Department - 8-4 Mon-Fri Surgical Services - general, orthopedics, endoscopy and dental.	Bruce and Grey	Eligibility varies depending on the program or service
Hanover Care Centre	Hanover 519-364-3700 <a href="http://www.hcml.com">www.hcml.com</a>	Licensed 41 bed long-term care home and 45 bed retirement home. Long-Term Care - offers light to heavy levels of care private, semi-private and ward rooms. Meal plan/services types include special diets, one meal sitting, snack area and family dining available. Physician visits weekly McVean Lodge - retirement home private and semi-private rooms private bathrooms, couples' rooms, provides short stay (i.e. temporary, vacation, convalescent, respite care) when space permits. Basic services include nursing care; 24 hour nursing staff; personal care; medication administration; emergency response system; meals; housekeeping; linens/bed changes; laundry, social/recreation programs and foot care hair care and transportation for a fee.	Hanover and area (Grey)	Long-Term Care: must meet South West Community Care Access Centre criteria Retirement Home: seniors 65 years and over who are independent or need only minor assistance

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Organization	City/Phone/Web/Email	Description of Services	Area	Eligibility
Hanover Place	Hanover 519-364-0065 <a href="mailto:hanoverplace@persona.ca">hanoverplace@persona.ca</a>	9 bed assisted living facility. Services include housekeeping, assistance with daily living activities, cooking, laundry and medical transportation.	Hanover and area (Grey and Bruce)	Adults 18 and over with a severe mental illness who are capable of directing their own care
HARC Inc	Hanover 519-364-6100 <a href="mailto:harcinc@bmts.com">harcinc@bmts.com</a>	Provides support to people with a disability that will enable them to live, work and participate in our community as an equal member.  HARC Living in the Community - support to assist individuals to live independently in their own residential setting support includes money management, shopping and other activities of daily living. Home Support Program - residential option for individuals with a disability, to live with a family other than their own. Individuals receive supervision and support from all family members, home support providers receive ongoing support to assist with various issues related to the individual, as well as remuneration to cover expenses incurred on behalf of the individual living in their home. Residential Program - three community group homes for individuals with developmental disabilities. Homes are wheelchair accessible and the individuals residing there receive 24 hour support and care with their needs. Special Services at Home - administers special services at home and contracts on behalf of individuals with a disability who live at home with their families. Resources are focused on personal development and growth for the individual and/or family relief. Working in the Community Program - supports individuals with disabilities to participate as active members of the workforce, doing meaningful work in their community training and placement services for local employers. Services are free and wage subsidies may apply. HARC Services for the Community - custom work - envelope stuffing, shrink wrapping, paper shredding, egg grading, operation and sales, work crew available for exterior home maintenance - grass cutting, snow removal.	Hanover and area (Grey)	Adults 18 years and over with a developmental disability
Hartman Home Support Services	Port Elgin 519-389-3914 <a href="mailto:jhartman@bmts.com">jhartman@bmts.com</a>	Provides in-home support to individuals with special needs services include cleaning, laundry, meal preparation, errands, assistance with activities of daily living, medications, grooming, feeding, bathing, respite and palliative care.	Saugeen Shores and area (Bruce)	Individuals requiring home support services to live independently

Data Courtesy of [www.theHealthline.ca](http://www.theHealthline.ca) as at December 2008

Organization	City/Phone/Web/Email	Description of Services	Area	Eligibility
Heart and Stroke Foundation of Ontario	Owen Sound 519-371-0083 <a href="http://www.heartandstroke.ca">www.heartandstroke.ca</a>	Raises funds for research into heart and stroke disease. Public policy advocacy, health promotion - provides educational material (literature, videos) and prevention education to the public and professionals Events - Jump Rope for Heart/Hoops for Heart, Big Bike and Person to Person (Heart Month). Health Information Line - national telephone service providing access to and distribution of customized, easy to understand information on preventing and living with heart disease and stroke.	Bruce and Grey	
Hired Hands	Chatsworth 519-373-7535 <a href="mailto:yourhiredhands@yahoo.ca">yourhiredhands@yahoo.ca</a>	Homemaking and home management services providing personal care for seniors, families and individuals requiring assistance with daily activities.  Provides assistance with general household and yard maintenance, errands, home organization, light meal preparation.  Transportation to medical appointments and shopping, companionship.	Grey	Individuals requiring home support services to live independently
Home and Community Support Services of Grey Bruce	Markdale 519-986-7537 <a href="http://www.hcss-gb.ca">www.hcss-gb.ca</a> <a href="mailto:mailbox@hcss-gb.ca">mailbox@hcss-gb.ca</a>	Provides community based services that support independence and enhance the quality of daily life for seniors, adults and their families. Adult Day Away Program - adult day program for people with Alzheimer Disease and related conditions that provides social, recreational and therapeutic activities in a supportive group setting. Services include meal, transportation, blood pressure check, weight monitoring and bathing, hair care and foot care available for a fee \$23 per day. Friendly Visiting/Telephone Reassurance - volunteers make regular visits and phone calls to clients and provide a friendly face and reassurance within the community. Housekeeping - helps with laundry, ironing, pet care, errands, shopping, routine cleaning, preparing meals, etc must meet Ministry of Health and Long-Term Care eligibility criteria, set fee. Home Maintenance, Modification and Repair - clients in need of home maintenance, modification or repair will be linked to independent, reasonably priced workers who have been screened. Meals on Wheels - delivers nutritious hot and frozen meals, set fee. Transportation - volunteer drivers provide transportation to local and long distance medical appointments, grocery shopping, banking and other errands, set fee.	Markdale and area (East Grey)	Individuals must be seniors or adults with disabilities



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Organization	City/Phone/Web/Email	Description of Services	Area	Eligibility
Home and Community Support Services of Grey Bruce	Kincardine 519-396-9555 <a href="http://www.hcss-gb.ca">www.hcss-gb.ca</a> <a href="mailto:mailbox@hcss-gb.ca">mailbox@hcss-gb.ca</a>	<p>Adult day program for people with Alzheimer Disease and related conditions that provides social, recreational and therapeutic activities in a supportive group setting.</p> <p>Services include meal, transportation, blood pressure check, weight monitoring and bathing, hair care and foot care available for a fee.</p> <p>See also: Shoreline Area.</p>	Kincardine and area (Bruce)	Clients must have needs that can be met in a group setting
Home and Community Support Services of Grey Bruce	Owen Sound 519-372-2091 519-371-3313 (Day Away Program) <a href="http://www.hcss-gb.ca">www.hcss-gb.ca</a> <a href="mailto:mailbox@hcss-gb.ca">mailbox@hcss-gb.ca</a>	<p>Provides community based services that support independence and enhance the quality of daily life for seniors, adults and their families.</p> <p>Day Away Program - adult day program for people with Alzheimer Disease and related conditions that provides social, recreational and therapeutic activities in a supportive group setting services include meal, transportation, blood pressure check, weight monitoring and bathing, hair care and foot care available for a fee \$23 per day. Lee Manor 875 6th St E Owen Sound, ON N4K 5W5</p> <p>Friendly Visiting/Telephone Reassurance - volunteers make regular visits and phone calls to clients and provide a friendly face and reassurance within the community.</p> <p>Housekeeping - helps with laundry, ironing, pet care, errands, shopping, routine cleaning, preparing meals, etc must meet Ministry of Health and Long-Term Care eligibility criteria, set fee.</p> <p>Home Maintenance, Modification and Repair - clients in need of home maintenance, modification or repair will be linked to independent, reasonably priced workers who have been screened.</p> <p>Meals on Wheels - delivers nutritious hot and frozen meals, set fee.</p> <p>Transportation - volunteer drivers provide transportation to local and long distance medical appointments, grocery shopping, banking and other errands, set fee.</p> <p>Satellite Office: Heritage Mall 1350 16th St E Owen Sound, ON N4K 6N7 519-371-0667</p> <p>Additional Grey and Bruce Offices: Peninsula Area East Grey Area, Kincardine Adult Day Away Program, Shoreline Area Saugeen Central Area.</p>	Owen Sound and area (Grey)	Individuals must be seniors or adults with disabilities

Data Courtesy of [www.theHealthline.ca](http://www.theHealthline.ca) as at December 2008

Organization	City/Phone/Web/Email	Description of Services	Area	Eligibility
Home and Community Support Services of Grey Bruce	Southampton 519-797-9961 519-797-9932 (SouthPort Day Away Program) <a href="http://www.hcss-gb.ca">www.hcss-gb.ca</a>	Provides community based services that support independence and enhance the quality of daily life for seniors, adults and their families. SouthPort Adult Day Away Program - adult day program for people with Alzheimer Disease and related conditions that provides social, recreational and therapeutic activities in a supportive group setting. Services include meal, transportation, blood pressure check, weight monitoring and bathing, haircare and foot care available for a fee \$23 per day. Saugeen Hospital 340 High St Southampton, ON N0H 2Lo Friendly Visiting/Telephone Reassurance - volunteers make regular visits and phone calls to clients and provide a friendly face and reassurance within the community. Housekeeping - helps with laundry, ironing, pet care, errands, shopping, routine cleaning, preparing meals, etc must meet Ministry of Health and Long-Term Care eligibility criteria, set fee. Home Maintenance, Modification and Repair - clients in need of home maintenance, modification or repair will be linked to independent, reasonably priced workers who have been screened. Meals on Wheels - delivers nutritious hot and frozen meals, set fee. Transportation - volunteer drivers provide transportation to local and long distance medical appointments, grocery shopping, banking and other errands set fee.	Southampton and area (Bruce)	Individuals must be seniors or adults with disabilities Day Away: clients must have needs that can be met in a group setting
Home and Community Support Services of Grey Bruce	Walkerton 519-881-4800 519-364-6002 (Saugeen Central Day Away Program) <a href="http://www.hcss-gb.ca">www.hcss-gb.ca</a> <a href="mailto:mailbox@hcss-gb.ca">mailbox@hcss-gb.ca</a>	Provides community based services that support independence and enhance the quality of daily life for seniors, adults and their families. Adult Day Away Program - adult day program for people with Alzheimer Disease and related conditions that provides social, recreational and therapeutic activities in a supportive group setting services include meal, transportation, blood pressure check, weight monitoring and bathing, hair care and foot care available for a fee \$23 per day. Hanover and District Hospital 90 7th Ave Hanover, ON N4N 1N1 Friendly Visiting/Telephone Reassurance - volunteers make regular visits and phone calls to clients and provide a friendly face and reassurance within the community. Housekeeping - helps with laundry, ironing, pet care, errands, shopping, routine cleaning, preparing meals, etc must meet Ministry of Health and Long-Term Care eligibility criteria, set fee. Home Maintenance, Modification and Repair - clients in need of home maintenance, modification or repair will be linked to independent, reasonably priced workers who have been screened. Meals on Wheels - delivers nutritious hot and frozen meals, set fee. Transportation - volunteer drivers provide transportation to local and long distance medical appointments, and other errands, set fee.	Walkerton and area (Bruce)	Individuals must be seniors or adults with disabilities

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Organization	City/Phone/Web/Email	Description of Services	Area	Eligibility
Home and Community Support Services of Grey Bruce	Warton 519-534-1728 <a href="http://www.hcss-gb.ca">www.hcss-gb.ca</a> <a href="mailto:mailbox@hcss-gb.ca">mailbox@hcss-gb.ca</a>	Provides community based services that support independence and enhance the quality of daily life for seniors, adults with disabilities and their families. Adult Day Away Program - adult day program for people with Alzheimer Disease and related conditions that provides social, recreational and therapeutic activities in a supportive group setting. Services include meal, transportation, blood pressure check, weight monitoring and bathing, haircare and foot care available for a fee, \$23 per day. Friendly Visiting/Telephone Reassurance - volunteers make regular visits and phone calls to clients and provide a friendly face and reassurance within the community Housekeeping - helps with laundry, ironing, pet care, errands, shopping, routine cleaning, preparing meals, etc must meet Ministry of Health and Long-Term Care eligibility criteria, set fee. Home Maintenance, Modification and Repair - clients in need of home maintenance, modification or repair will be linked to independent, reasonably priced workers who have been screened. Meals on Wheels - delivers nutritious hot and frozen meals, set fee. Transportation - volunteer drivers provide transportation to local and long distance medical appointments, grocery shopping, banking and other errands, set fee.	North Bruce	Individuals must be seniors or adults with disabilities
Homemaking Services - Bruce and Grey	<a href="http://www.thehealthline.ca/display/service.aspx?id=3735">http://www.thehealthline.ca/display/service.aspx?id=3735</a>	Homemaking provides light housekeeping, meal preparation, laundry, home management, etc services may also include companionship, errands, shopping and odd jobs, but no personal care Organizations providing this service are on thehealthline.ca under Maintenance, Housekeeping & Homemaking, individuals are listed on the website.	Bruce and Grey	Individuals in need of assistance at home
Housekeeping Services - Bruce and Grey	<a href="http://www.thehealthline.ca/display/service.aspx?id=3737">http://www.thehealthline.ca/display/service.aspx?id=3737</a>	Housekeeping provides light or heavy cleaning assistance For additional services see the yellow pages under House & Apartment Cleaning Look for Homemaking services Home Maintenance, Housekeeping & Homemaking for services that provide more than just cleaning, i.e. meal preparation, home management, etc. <b>Bruce County</b> List on Website. <b>Grey County</b> List on Website.	Bruce and Grey	
Inglewood Villa	Owen Sound 519-371-1217	15 bed retirement home short stay (respite) available	Owen Sound and area (Grey)	Residents must be ambulatory and require minimal assistance with personal care

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Organization	City/Phone/Web/Email	Description of Services	Area	Eligibility
In-Home Foot Care Services - Bruce and Grey		<p>In-home foot care including care of corns, calluses, fungal nails and filing and trimming of nails.</p> <p>Organizations providing this service are on thehealthline.ca under Foot Care individuals are listed below:</p> <p>Bruce Danielle Nantais, RN - 519-881-1538 - Walkerton and area            Feet First (Linda Mason) - 519-797-3682 - Southampton and area,            Florence Shier - 519-396-8528 - Kincardine and area            Foot Care by Joan - 519-534-2833 - Wiarton and area            Heals to Toe (Laurie David) - 519-389-4258 - Port Elgin and area            Joan Dunlop - 519-396-2506 - Kincardine and area            Marg McIntyre - 519-395-5694 - Kincardine and area            Sole Purpose - Nursing Foot Care (Susan MacKay, RPN) - 519-395-4116 - Kincardine and area</p> <p>Grey            Andrea McBride - 519-986-1926 - Markdale, Flesherton and area            Donna Welch - 519-986-2737 - Markdale, Dundalk, Durham, Flesherton, Osprey and area            Elizabeth Engel - 519-376-6393 - Meaford and area            Fran Falls, RN - 519-538-1759 - Meaford, Thornbury and area            Foot Care by Ruth Ann - 519-364-1612 - Hanover and area            Karen Mole, RPN - 519-376-0006 - Owen Sound and area            Letting Go by Shelley - 519-371-1163 - Owen Sound and area</p>	Bruce and Grey	Individuals requiring foot care
John Joseph Place	Owen Sound 519-371-3240 <a href="http://www.landengroup.ca">www.landengroup.ca</a> <a href="mailto:jjoseph@landengroup.ca">jjoseph@landengroup.ca</a>	<p>55 bed, 54 room retirement home.</p> <p>Private rooms private bathrooms couples' rooms provides short stay (i.e. temporary, vacation, convalescent, respite care) when space permits</p> <p>Basic services include nursing care, 24-hour nursing staff, personal care, medication administration, emergency response system, meals, housekeeping, linens/bed changes, laundry, social/recreation programs, hair care, foot care and transportation.</p> <p>Additional services include a special care unit. Facility includes balconies and gardens.</p> <p>Member of the Landen Group.</p>	Owen Sound and area (Grey)	Seniors and older adults who are independent or need only minor assistance

Data Courtesy of [www.theHealthline.ca](http://www.theHealthline.ca) as at December 2008

Organization	City/Phone/Web/Email	Description of Services	Area	Eligibility
Kelso Pines Retirement Lodge	Owen Sound 519-372-9400 <a href="mailto:kelsoadmin@bmts.com">kelsoadmin@bmts.com</a>	54 bed retirement home. Private rooms, private bathrooms couples' rooms provides short stay (i.e. temporary, vacation, convalescent, respite care) when space permits, crisis admissions. Basic services include nursing care; 24 hour nursing staff; personal care; medication administration; emergency response system; meals; housekeeping; linens/bed changes; laundry; social/recreation programs; hair care; foot care and transportation physiotherapy available. Facilities include secure unit, lounge and whirlpool.	Owen Sound and area (Grey)	Seniors who are independent or need only minor assistance
Kelso Villa Retirement Home	Owen Sound 519-371-0440 <a href="mailto:kelsoadmin@bmts.com">kelsoadmin@bmts.com</a>	120 bed retirement home. Private rooms and suites, private bathrooms couples' rooms, provides short stay (i.e. temporary, vacation, convalescent, respite care) when space permits, crisis admissions. Basic services include nursing care; 24 hour nursing staff; personal care; medication administration; emergency response system; meals; housekeeping; linens/bed changes; laundry; social/recreation programs; hair care; foot care and transportation, physiotherapy available. Facilities include library, chapel, coffee lounge, activities room and TV lounges.	Owen Sound and area (Grey)	Seniors who are independent or need only minor assistance
Kingsway Arms at Elgin Lodge	Port Elgin 519-389-5457 <a href="http://www.kingswayarms.com">www.kingswayarms.com</a> <a href="mailto:dwallace.kams@bmts.com">dwallace.kams@bmts.com</a>	124 bed retirement home. Suites and private rooms, couples' rooms, provides short stay (i.e. temporary, vacation, convalescent, respite care) when space permits. Basic services include nursing care; 24 hour nursing staff; personal care; emergency response system; meals; housekeeping; linens/bed changes; social/recreation programs and transportation. Additional services can include assisted bathing; medication administration and laundry hair care; foot care; massage therapy and guest meals available for a fee. Facilities include theatre/chapel, fitness centre, pool, library and billiards. Member of the Ontario Retirement Communities Association (ORCA).	Saugeen Shores and area (Bruce)	Seniors who are independent or need only minor assistance
Kunkel Bus Lines Ltd.	Hanover 519-364-2530 <a href="http://www.kunkelbuslines.com">www.kunkelbuslines.com</a> <a href="mailto:sales@kunkelbuslines.com">sales@kunkelbuslines.com</a>	Wheelchair accessible bus transportation. Vehicles are equipped with wheel chair lifts and tie downs with additional seating for other passengers. Call to arrange booking, lead time preferred. Transportation can be booked 24 hours, best availability is 9:30-2:30pm or after 5pm. Vehicles located in Durham, Hanover, Owen Sound, Walkerton and can be dispatched throughout Grey and Bruce counties.	Grey and Bruce	Individuals with limited mobility, requiring transportation

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Organization	City/Phone/Web/Email	Description of Services	Area	Eligibility
Lee Manor Home for the Aged	Owen Sound 519-376-4420 <a href="http://www.greycounty.ca">www.greycounty.ca</a>	Licensed 150 bed long-term care home. Offering light to heavy levels of care will provide temporary, vacation, convalescent or respite care when space permits. Private, semi-private and ward rooms. Meal plan/service types include special diets, one meal sitting, snack area, family dining available at a cost. Physician visits weekly.	Owen Sound and area (Grey)	Must meet South West Community Care Access Centre criteria
LifeLabs	Owen Sound 1-877-849-3637 (Call Centre: general inquiries, appointments, lab results) <a href="http://www.lifelabs.com">www.lifelabs.com</a>	Medical laboratory services Formerly MDS Diagnostic Services	Owen Sound and area (Grey)	Individuals requiring medical tests
Limpert Lodge Senior Apartments	Kincardine 519-396-3450 ext 104 (Housing Registry) 519-396-3439 (Administration) <a href="http://www.brucecounty.on.ca/socialhousing.php">www.brucecounty.on.ca/socialhousing.php</a> <a href="mailto:housingregistry@brucecounty.on.ca">housingregistry@brucecounty.on.ca</a>	52 seniors only apartments - some accessible units	Warton and area (Bruce)	Seniors 60 years and over
London Medical Transportation Systems Inc	519-659-4809 <a href="http://www.lmts.ca">www.lmts.ca</a> <a href="mailto:info@lmts.ca">info@lmts.ca</a>	Transportation services ambulatory, wheelchair or stretcher transportation to any type of appointment or event. No limit on distance.  Additional Local Numbers: Kitchener/Waterloo/Cambridge - 519-489-7025 Sarnia - 519-333-6850 Windsor - 519-997-3118	Southwestern Ontario	
Lucknow Riverview Apartments	Kincardine 519-396-3450 ext 104 (Housing Registry) 519-396-3439 (Administration) <a href="http://www.brucecounty.on.ca/socialhousing.php">www.brucecounty.on.ca/socialhousing.php</a> <a href="mailto:housingregistry@brucecounty.on.ca">housingregistry@brucecounty.on.ca</a>	20 seniors only apartments - some accessible units	Lucknow and area (Bruce)	Seniors 60 years and over
Malcolm Place Retirement Residence	Kincardine 519-396-5800 <a href="http://www.malcolmplace.ca">www.malcolmplace.ca</a> <a href="mailto:malcolmplace@tnt21.com">malcolmplace@tnt21.com</a>	36 bed retirement home and 5 senior apartments.  Retirement Home - short stay (respite) available 24 hour care, variety of care packages. Special diets accommodated. Social and recreational activities, housekeeping and laundry services.  Independent Living Apartments - meal plan available and social programming. Member of the Ontario Retirement Communities Association (ORCA).	Kincardine and area (Bruce)	Residents must be self sufficient, capable of functioning with minimal assistance

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Organization	City/Phone/Web/Email	Description of Services	Area	Eligibility
Maple Court Villa Retirement Residence	Walkerton 519-881-2233 <a href="http://www.chartwellreit.ca">www.chartwellreit.ca</a> <a href="mailto:maplecourt@chartwellreit.ca">maplecourt@chartwellreit.ca</a>	48 bed retirement home. Private rooms and bathrooms, couples' rooms. Provides short stay (i.e. temporary, vacation, convalescent, respite care) when space permits, crisis admissions. Basic services include nursing care; 24 hour staff (nursing on-call); personal care; medication administration; emergency response system; meals; housekeeping; bed changes; laundry and social/recreation programs. Additional personal care available hair care and foot care available for a fee. Member of the Ontario Retirement Communities Association (ORCA).	Walkerton and area (Bruce)	Seniors who are independent or need only minor assistance
Maple View Long-Term Care Residence	Owen Sound 519-376-2522 <a href="http://www.reveraliving.com/homes/12/MapleView@reveraliving.com">www.reveraliving.com/homes/12/MapleView@reveraliving.com</a>	Licensed 29 bed long-term care home. Offering light to heavy levels of care. Will provide temporary, vacation, convalescent or respite care, when space permits. Private, semi-private and ward rooms. Meal plan/service types include special diets, family dining available at a cost. Physician visits weekly	Owen Sound and area (Grey)	Must meet South West Community Care Access Centre criteria
Meaford Long-Term Care Centre	Meaford 519-538-1010 <a href="http://www.meafordlongtermcare.com">www.meafordlongtermcare.com</a> <a href="mailto:businessoffice@meafordlongtermcare.com">businessoffice@meafordlongtermcare.com</a>	Licensed 77 bed long-term care home. Offering light to heavy levels of care. Will provide temporary, vacation, convalescent or respite care when space permits. Private, semi-private and ward rooms. Meal plan/service types include special diets, one meal sitting, snack area, family dining available at a cost. Physician visits weekly.	Meaford and area (Grey)	Must meet South West Community Care Access Centre criteria
Municipal Property Assessment Corporation (The)	Owen Sound 1-866-296-MPAC (6722) <a href="http://www.mpac.ca">www.mpac.ca</a> <a href="mailto:enquiry@mpac.ca">enquiry@mpac.ca</a>	Establishes tax base for municipalities. Sends Property Assessment Notices to property owners. Conducts province-wide municipal enumeration for municipal elections. Supplies maps for a fee. Produces school board lists. Disabled and Seniors Exemption - property tax relief program for homes that are built or modified to accommodate seniors and/or persons with disabilities.	Grey and Bruce	Residents or owners of properties
New Horizons Retirement Home	Warton 519-534-3357 <a href="mailto:NewHorizons@bmts.com">NewHorizons@bmts.com</a>	20 bed retirement home. Private and semi-private rooms private and shared bathrooms, couples' rooms. Provides short stay (i.e. temporary, vacation, convalescent, respite care) when space permits, crisis admissions. Basic services include nursing care; 24 hour nursing staff; personal care; medication administration; emergency response system; meals; housekeeping; linens/bed changes; laundry; social/recreation programs and foot care hair care and transportation (third party) available for a fee.	Warton and area (Bruce)	Seniors 65 years and over who are independent or need only minor assistance

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Organization	City/Phone/Web/Email	Description of Services	Area	Eligibility
<p>Ontario Breast Screening Program</p>	<p>London                      519-432-0255 (Appointments)                      519-432-6016 (Administration)  <a href="http://www.cancercare.on.ca/index_breastscreening.htm">www.cancercare.on.ca/index_breastscreening.htm</a></p>	<p>Breast screening for early detection of breast cancer in women 50 years and over.                      Screening includes physical breast examination by a specially trained nurse (at most locations) and two-view mammography screening. Results are sent to both the woman and her doctor. Women who receive normal results are automatically recalled for their next screening appointment; women who receive abnormal results are referred to their doctor for further investigation or are referred directly for additional tests.</p> <p>Public speaking, brochures, video and displays available London &amp; Middlesex Sites:                      CML London 279 Wharncliffe Road N, London 519-432-0255                      LHSC Victoria Hospital 800 Commissioners Road E, London 519-432-0255                      Hub Site London 339 Talbot St, London 519-432-0255                      London X-Ray Associates 450 Central Ave, London 519-432-0255                      London X-Ray Associates 595 Bradley Ave, London 519-432-0255                      St Joseph's Health Centre 268 Grosvenor Street, London 519-432-0255                      Strathroy Middlesex General Hospital 395 Carrie St, Strathroy 519-245-0054</p> <p>Bruce Site:                      South Grey Bruce Health Centre 21 McGivern St W, Walkerton 519-881-4030</p> <p>Elgin Site:                      St Thomas-Elgin General Hospital 189 Elm Street, St Thomas 519-631-6337</p> <p>Grey Site:                      Grey Bruce Health Services Owen Sound Hospital 1800 8th St E, Owen Sound 519-376-8637</p> <p>Huron Site:                      Alexandra Marine &amp; General Hospital 120 Napier St, Goderich 519-440-0783</p> <p>Oxford Sites:                      Tillsonburg District Memorial Hospital 167 Rolph St, Tillsonburg 519-688-3493                      Woodstock General Hospital 270 Riddell St, Woodstock 519-539-7838</p> <p>Perth Sites:                      Ultrasound and Mammography Associates Jenny Trout Centre 342 Erie St, Stratford 519-275-3699                      Listowel Memorial Hospital 255 Elizabeth St E, Listowel 519-291-5490                      Stratford General Hospital 46 General Hospital Dr, Stratford 519-275-3699</p>	<p>London, Middlesex, Bruce, Elgin, Grey, Huron, Oxford and Perth</p>	<p>Women 50 years and over</p>



Data Courtesy of [www.theHealthline.ca](http://www.theHealthline.ca) as at December 2008

Organization	City/Phone/Web/Email	Description of Services	Area	Eligibility
Ontario. Ministry of Community and Social Services	Owen Sound 519-376-1951 <a href="http://www.mcscs.gov.on.ca">www.mcscs.gov.on.ca</a>	Income supports for individuals with disabilities, who are in financial need, employment supports are available and provided by community service providers. For additional information, including application and eligibility details, visit program website.	Bruce and Grey	Ontario residents 18 years and over who meet financial and other eligibility requirements
Ontario. Ministry of Community and Social Services	London 519-438-5111 <a href="http://www.mcscs.gov.on.ca">www.mcscs.gov.on.ca</a> <a href="mailto:dana.brooks@css.gov.on.ca">dana.brooks@css.gov.on.ca</a>	Provides income and employment supports, and social and community services. Special Services at Home (SSAH) - time-limited support to families caring for adults with developmental disabilities to help meet the costs related to personal development and growth and/or family relief and support. Ontario Ministry of Children and Youth Services operates the same program for children. Satellite Offices: Elgin 427 Talbot St, 3rd Fl, Box 309 St Thomas, ON N7M 4V7 519-631-3032 1-800-561-3886 519-631-9174 (fax) Grey 1400 First Ave W, Box 697 Owen Sound, ON N4K5R4 519-376-1951 1-800-265-3790 519-376-4254 (fax) Oxford 93 Graham St Woodstock, ON N4S 6J8 519-537-5579 1-800-461-7296 519-537-8529 (fax) Perth 581 Huron St Stratford, ON N5A 5T8 519-271-1530 1-800-565-5762 519-271-9971 (fax) See also: Family Responsibility Office (FRO) Ontario Disability Support Program - Ontario Disability Support Program - Owen Ontario Disability Support Program - St Ontario Disability Support Program - Ontario Disability Support Program - Social Benefits Tribunal Welfare Fraud Hotline	London, Middlesex, Bruce, Elgin, Essex, Grey, Huron, Chatham-Kent, Lambton, Oxford and Perth	Ontario residents who meet financial and other eligibility requirements
Osteoporosis Canada	Chatsworth 519-270-7057 <a href="http://www.osteoporosis.ca">www.osteoporosis.ca</a> <a href="mailto:jporteur@osteoporosis.ca">jporteur@osteoporosis.ca</a>	Dedicated to improving the prevention, management and treatment of osteoporosis. Education sessions for health care professionals, public, community groups, workplaces, business public awareness at wellness fairs and events educational brochures, factsheets, books, cookbooks and DVD's, website with sections for public and health professionals. See also National Office.	Bruce, Grey and Dufferin	
Owen Sound and Area Family YMCA	Owen Sound 519-376-0484 <a href="http://www.ymcaowensound.on.ca">www.ymcaowensound.on.ca</a>	Provides opportunities for personal development in spirit, mind and body through health, fitness and recreation. Provide various recreation, sports and fitness programs which take place in the swimming pool, gymnasium and conditioning centre. Summer day camp and specialty camps for youth first aid training, seniors fitness programs. See also: Cardiac Rehabilitation Family Y Community & Employment Services.	Owen Sound and area (Grey)	

Data Courtesy of [www.theHealthline.ca](http://www.theHealthline.ca) as at December 2008

Organization	City/Phone/Web/Email	Description of Services	Area	Eligibility
Owen Sound, City of	Owen Sound 519-376-7500 (Bookings) 519-376-4440 ext 261 (Administration) <a href="http://www.city.owen-sound.on.ca">www.city.owen-sound.on.ca</a> <a href="mailto:transit@e-owensound.com">transit@e-owensound.com</a>	Provides door to door transportation for residents of the City with mobility limitations that restrict their ability to use conventional public transit. Bus is equipped with a wheelchair lift. Note: Owen Sound conventional transit fleet is fully accessible with low floor buses that have the ability to kneel, entrance ramps instead of steps and tie down spaces for 2 wheelchairs.	Owen Sound and area (Grey)	Individuals must have a mobility disability preventing them from walking to the nearest bus stop or insufficient endurance or stamina to tolerate a conventional transit bus ride
Palliative Pain and Symptom Management Consultation Program	Chatsworth 519-794-3571 <a href="http://www.palliativecareswo.ca">www.palliativecareswo.ca</a> <a href="mailto:mpalmer@log.on.ca">mpalmer@log.on.ca</a>	Provides information concerning palliative pain and symptom management and availability of palliative care services or providers who have expertise in pain and symptom management. Provides palliative care education programs and telephone/on-site consultation to health care providers. Resource library available. If this is a crisis situation, contact the on call palliative care physician at the Grey Bruce Health Services - Owen Sound Hospital.	North Bruce and Grey	Health care providers in the community, hospitals and long-term care homes
Palliative Pain and Symptom Management Consultation Program	Hanover 519-369-5464 <a href="http://www.palliativecareswo.ca">www.palliativecareswo.ca</a> <a href="mailto:lizlaird@bmts.com">lizlaird@bmts.com</a>	Provides information concerning palliative pain and symptom management and availability of palliative care services or providers who have expertise in pain and symptom management. Provides palliative care education programs and telephone/on-site consultation to health care providers. Resource library available. If this is a crisis situation, contact the on-call palliative care physician at the Grey Bruce Health Services - Owen Sound Hospital.	South Grey and Bruce Counties	Health care providers in the community, hospitals and long-term care homes
ParaMed Home Health Care	Owen Sound 519-371-5044 <a href="http://www.paramed.ca">www.paramed.ca</a> <a href="mailto:p_h_s_owensound@extendicare.com">p_h_s_owensound@extendicare.com</a>	Community health services. Foot Care - basic care including removal of corns, calluses and ingrown nails. Personal Support/Homemakers - personal care, home management and housekeeping, respite, companion care and travel accompaniment.	Bruce and Grey	Individuals of all ages living with an acute or chronic medical condition
Parker Home Health Care	Owen Sound 519-376-8252 <a href="http://www.parkerhomehealthcare.ca">www.parkerhomehealthcare.ca</a> <a href="mailto:info@parkerhomehealthcare.ca">info@parkerhomehealthcare.ca</a>	Home health equipment supplier. Products include ostomy products, mobility products such as walkers, rollators and wheelchairs, scooters, hospital beds and mastectomy products (breast prosthesis fitter) home modification products such as stairglides, porch lifts, custom made handrailings and ceiling lifts, telecommunications products, home safety and fall prevention devices.  LifeCall - personal alarm monitor 24 hour emergency response centre set fee.	Owen Sound and area (Grey and Bruce)	

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Organization	City/Phone/Web/Email	Description of Services	Area	Eligibility
Parkinson Society Canada	<p>London 519-652-9437 <a href="http://www.parkinson.ca">www.parkinson.ca</a> <a href="mailto:info@parkinson-swor.ca">info@parkinson-swor.ca</a></p>	<p>Resource centre provides literature, speakers and educational programs, raises money and accepts donations for research, coordinates support groups throughout Southwestern Ontario.</p> <p>Parkwood Education Program - an eight-week program held at Parkwood Day Hospital, London Support and Exercise Groups (See PDF on website for more details). Call the regional office for details before attending a support group.</p> <p>London: London Parkinson Connection Support Group London Friday Social Parkinson's Support Group Evening, Partners for Parkinson's Support Group London, Parkinson's Exercise Group - two groups held at Parkwood Day Hospital help with mobility.</p> <p>Bruce: Kincardine Parkinson's Support Group</p> <p>Elgin: St Thomas Parkinson's Support Group</p> <p>Grey Hanover Parkinson's Support Group, Owen Sound Parkinson's Support Group</p> <p>Middlesex: Parkinson's Support Group, Ethel Auld Parkinson's Exercise Group</p> <p>Oxford: Tillsonburg Parkinson's Support Group</p> <p>Woodstock Parkinson's Support Group</p> <p>Perth: Stratford Parkinson's Support Group, Stratford Parkinson's Caregiver Group, Stratford Gentle Yoga for Parkinson's Group.</p>	Southwestern Ontario	People with Parkinson's and their families information available to anyone with an interest
Parkview Manor	<p>Chesley 519-363-2416 <a href="http://www.reveraliving.com/homes/53/carole.woods@reveraliving.com">www.reveraliving.com/homes/53/carole.woods@reveraliving.com</a></p>	<p>Licensed 34 bed long-term care home.</p> <p>Offering light to heavy levels of care, will provide temporary, vacation, convalescent or respite care when space permits. Private, semi-private and ward rooms.</p> <p>Meal plan/service types include special diets, two meal sittings, family dining available at a cost. Physician visits weekly.</p> <p>Physiotherapy and dietitian on site. Full range of activation programs including bus trips, outings, etc.</p>	Chesley and area (Bruce and Grey)	Must meet South West Community Care Access Centre criteria

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Organization	City/Phone/Web/Email	Description of Services	Area	Eligibility
Participation Lodge	Holland Centre 519-794-3201 <a href="http://www.participationlodge.com">www.participationlodge.com</a> <a href="mailto:partlodge@bmts.com">partlodge@bmts.com</a>	<p>Provides services catering to the needs of individuals with physical disabilities. Services include</p> <p>Assisted Living such as attendant care visiting and long-term residence for developmental, physical and acquired brain injury clients</p> <p>Family Activity Centre - exercise area and games room are available for everyone in the community swimming classes and family swimming are available set fee.</p> <p>Participation Lodge Attendant Care - home visiting attendant care services for individuals from 18-65 years of age, with physical disabilities who are able to direct their own care.</p> <p>Residential Program - residential accommodation is provided for adults with physical and developmental disabilities, nursing and attendant care staff are available 24 hours a day to provide care and support 22 beds for adults with physical and developmental disabilities and 4 beds for adults with an acquired brain injury</p> <p>Respite Program - provides respite for adults with physical and developmental disabilities, 2 spaces.</p> <p>Supportive Care Housing - services for adults 18 years and over with disabilities who are capable of directing their own care, which include housekeeping, assistance with activities of daily living, cooking, laundry and transportation.</p> <p>St Francis Place 350 10th St E Owen Sound, ON N4K 6P8                      519-371-4024 519-371-4024 (fax). St Matthews Lutheran Manor 307 11th Ave Hanover, ON N4N 3T3 519-364-7741 519-364-7741 (fax)</p> <p>Snoezelen Room - area's only Snoezelen room, used for therapeutic purposes or stress relief. Promotes relaxation in people suffering from sensory and learning disabilities.</p>	Bruce and Grey	Attendant Care/Supportive Care Housing; adults 18-65 years with a physical disability and able to direct own care Residential Program: individuals with physical/developmental disabilities or acquired brain injury
Partners Physiotherapy Services and Associates	Hanover 519-364-7667 <a href="mailto:partnersphysio@wightman.ca">partnersphysio@wightman.ca</a>	<p>Physiotherapy and other related health care services focusing on prevention and rehabilitation.</p> <p>Partners Physiotherapy Services - physiotherapy assessment, treatment and education.</p> <p>Grey Bruce Foot Clinic - chiropodist provides assessment and treatment for a wide variety of foot concerns orthotics, wart treatment, footwear, nail surgery.</p> <p>Good Health Programmes - assessments and personalized small group fitness program provided by a Certified Personal Trainer/Kinesiologist. Individual and group programmes are available, small group education sessions including posture back education and stress relief management 8:30-6 Monday, Tuesday and Thursday, 8:30-4 Wednesday-Friday. Evening classes available Monday-Thursday.</p> <p>Hanover Massage Therapy Clinic - 519-364-7712 - provides massage therapy to individuals in order to relieve various muscle tension, aches and pain 9-5 Monday-Friday.</p>	Hanover and area (Grey, Bruce and Huron)	

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Organization	City/Phone/Web/Email	Description of Services	Area	Eligibility
Physiotherapy III Ltd	<p>Owen Sound 519-372-1920 <a href="http://www.physio3.com">www.physio3.com</a> <a href="mailto:info@physio3.com">info@physio3.com</a></p> <p>Port Elgin 519-389-3393 <a href="http://www.physio3.com">www.physio3.com</a> <a href="mailto:info@physio3.com">info@physio3.com</a></p>	<p>Physiotherapy clinic offering orthopedic rehabilitation and managing work related injuries, motor vehicle collision injuries, sports injuries, arthritis and neurological conditions (stroke, Multiple Sclerosis and head injuries). Personalized treatment programs are provided by Registered Physiotherapists and Certified Kinesiologists.</p> <p>Treatments may include: modalities to control pain and promote healing (ultrasound, laser, acupuncture, interferential current, TENS, muscle stimulation and whirlpool) hands on manual therapy, exercise within a fully equipped gym and/or warm water pool, program education by physiotherapist to improve function and avoid re-injury.</p> <p>Specialty Services: acupuncture bracing/splints (standard and custom) foot orthotics (Certified Pedorthist) ergonomic services, personal training, temporomandibular joint rehabilitation (T.M.J.)</p> <p>See also: Port Elgin Clinic</p>	<p>Owen Sound and area (Grey and Bruce)</p> <p>Saugeen Shores and area (Bruce)</p>	
Pinecrest Manor	<p>Lucknow 519-528-2820 <a href="http://www.reveralliving.com/homes/74/PinecrestManor@reveralliving.com">www.reveralliving.com/homes/74/PinecrestManor@reveralliving.com</a></p>	<p>Licensed 61 bed long-term care home. Offering light to heavy levels of care private, semi-private and ward rooms. Meal plan/service types include special diets and one meal sittings, family dining available at a cost. Physician visits weekly.</p>	Lucknow and area (Bruce and Huron)	Must meet South West Community Care Access Centre criteria
Ridgeview Retirement Residence	<p>Warton 519-534-5654 <a href="http://www.ridgeviewretirementresidence.com">www.ridgeviewretirementresidence.com</a> <a href="mailto:info@ridgeviewretirementresidence.com">info@ridgeviewretirementresidence.com</a></p>	<p>12 bed, 8 room retirement home. Private, semi-private and ward rooms shared or private bathrooms, couples' rooms. Provides short stay (i.e. temporary, vacation, convalescent, respite care) when space permits, crisis admissions.</p> <p>Basic services include nursing care, 24 hour nursing staff, personal care, medication administration, emergency response system, meals, housekeeping, linens/bed changes, laundry, social/recreation programs and some transportation. Foot care, hair care and transportation for a fee. Facilities include a library.</p>	Warton and area (Bruce Peninsula)	Adults 50 years and over who are independent, or need only minor assistance
Riverside Residence	<p>Meaford 519-538-4876 <a href="mailto:shirleyzag@yahoo.ca">shirleyzag@yahoo.ca</a></p>	<p>5 bed retirement home and residence for individuals with a mental illness or intellectual disability. Services include home cooked meals, full housekeeping and laundry including mending and ironing, ordering and administration of medications as required, access to affiliated local doctor and pharmacy, and scheduling and transportation to required appointments.</p>	Meaford and area (Grey)	Seniors and older adults who are independent or need only minor assistance adults with a mental illness or intellectual disability who are independent or need only minor assistance

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Organization	City/Phone/Web/Email	Description of Services	Area	Eligibility
Rockwood Terrace Home for the Aged	Durham 519-369-6035 <a href="http://www.greycounty.ca">www.greycounty.ca</a> <a href="mailto:tfischer@greycounty.ca">tfischer@greycounty.ca</a>	Licensed 100 bed long-term care home. Offering light to heavy levels of care private, semi-private and ward rooms meal plan/service types include special diets, one meal sitting, family dining available at a cost. Physician available as needed; staff on call 24 hours a day, recreational, spiritual and therapy services available.	Durham and area (Grey)	Must meet South West Community Care Access Centre criteria
RVilla Retirement Living	Ripley 519-395-0225 519-955-2323 (Pager/Cell) <a href="mailto:rvilla@tnt21.com">rvilla@tnt21.com</a>	46 bed retirement home. Private rooms, semi-private rooms and suites. Private bathrooms, couples' rooms, provides short stay (i.e. temporary, vacation, convalescent, respite care) when space permits, crisis admissions. Basic services include nursing care, 24 hour staff (nursing on-call), personal care, medication administration, emergency response system, meals, housekeeping, linens/bed changes, laundry and social/recreation programs. Services (level two care) available for residents who need additional care and assistance. Hair care and foot care available for a fee, twice weekly physiotherapy (with doctor's referral), volunteer transportation.	Ripley and area (Bruce)	Seniors who are independent or need only minor assistance
Salvation Army (The)	Owen Sound 519-376-5699 <a href="http://www.salvationarmyowensound.com">www.salvationarmyowensound.com</a> <a href="mailto:salarmy.owensound@bmts.com">salarmy.owensound@bmts.com</a>	Addresses a wide variety of social needs through the administration of programs. Located throughout Owen Sound. Family Services - Owen Sound - provides various services including a food bank, emergency relief for fire/disaster victims, clothing and household vouchers. Access to the Correctional and Justice Services Program for individuals in need. 1006 2nd Ave E Owen Sound, ON, N4K 2H7 519-371-0957 or 519-371-3650 By appointment Correctional and Justice Services - arranges chaplaincy visits upon request, provides basic need items (e.g. boots in the winter) to individuals upon release from jail. 1006 2nd Ave E Owen Sound, ON, N4K 2H9 519-371-0957 Golden Agers Senior's Program - 519-376-5699 ext 105 - provides hot nutritious noon meal and social activities rides to Golden Agers available for small fee organizes special day bus trips for seniors, nominal fee 9:30-3:30 Tuesday-Thursday Grey Bruce Supervised Access Program - 519-371-5991 - provides a safe, neutral and child focused setting for on-site supervised visits and monitored exchanges for children whose parents are separated or divorced can provide observation reports for a fee. Thrift Centre 946 3rd Ave E, Owen Sound 519-376-1201 10-5 Tuesday-Saturday Day Care - 519-371-9540 Food Bank - Port Elgin Maple Square Mall, Port Elgin 519-389-3942 Tuesdays and Thursdays By appointment	Grey and Bruce	Eligibility varies depending on program, call first

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Organization	City/Phone/Web/Email	Description of Services	Area	Eligibility
Seniors Advocacy & Awareness Network (SAAN)	Owen Sound 519-371-2112	Community network that addresses the needs of abused older adults. Services include: multidisciplinary consultation team, available case counselling and linking to resources, 24-hour hotline 519-371-4357 (HELP), emergency shelter, education and awareness to public and professionals.	Bruce and Grey	Seniors
Serenity	Durham 519-369-3990	20 bed retirement home. Private rooms, private bathrooms, couples` rooms, provides short stay (i.e. temporary, vacation, convalescent, respite care) when space permits. Basic services include 24 hour staff; medication administration; emergency response system; meals; housekeeping; social/recreation programs and transportation, hair care and foot care available for a fee.	Durham and area (Grey)	Seniors who are independent or need only minor assistance
South Bruce Grey Health Centre - Chesley	Chesley 519-363-2340 <a href="http://www.sbghc.on.ca">www.sbghc.on.ca</a>	15 bed hospital with emergency department Programs and Services: Diabetes Education Program, Diagnostic Imaging, Healthy Heart Program, Internal Medicine, Laboratory Services, Liquid Nitrogen, Nutrition Services, Pastoral Care, Patient Education & Support, Physiotherapy, Spirometry. Footcare Clinic - first and third Fridays of the month. Call for appointment . Formerly Chesley and District Memorial Hospital	Bruce and Grey	Eligibility varies depending on the program or service
South Bruce Grey Health Centre - Durham	Durham 519-369-2340 <a href="http://www.sbghc.on.ca">www.sbghc.on.ca</a>	19 bed hospital with emergency department. Programs and Services: Audiology, Bone Densitometry, Cardiorespiratory, Dermatology, Diabetic Education Program, Diagnostic Imaging, ENT Geriatric Assessment, Healthy Heart Program, Hearing Aid Testing, Laboratory Services, Nutrition Services, Pastoral Care, Patient Education and Support, Physiotherapy, Pulmonary Function, Urology. Formerly Durham Memorial Hospital.	Grey	Eligibility varies depending on the program or service
South Bruce Grey Health Centre - Kincardine	Kincardine 519-396-3331 <a href="http://www.sbghc.on.ca">www.sbghc.on.ca</a>	36 bed hospital with emergency department. Programs and Services: Bone Densitometry, Cardiorespiratory, Dental, Diabetic Education Program, Diagnostic Imaging, Gastroenterology, Gynecology, Healthy Heart Program, Internal Medicine, Laboratory Services, Liquid Nitrogen, Nutrition Services, Orthopedic, Pastoral Care, Pediatrics, Pharmacy Services, Physiotherapy, Pulmonary Function, Respiriology, Rheumatology, Surgery, Urology. Formerly Kincardine and District General Hospital.	Bruce	Eligibility varies depending on the program or service

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Organization	City/Phone/Web/Email	Description of Services	Area	Eligibility
South Bruce Grey Health Centre - Walkerton	Walkerton 519-881-1220 <a href="http://www.sbghc.on.ca">www.sbghc.on.ca</a>	<p>38 bed hospital with emergency department.</p> <p>Family Birthing Centre - prenatal classes, 24 hour rooming-in, obstetrical services provided by family physicians and/or midwives. 24 hour telephone service for prenatal and post natal assistance, breastfeeding support, Ontario Breast Screening Program site.</p> <p>Programs and Services: Cardiorespiratory, Dental, Diagnostic Imaging, ENT, Internal Medicine, Laboratory Services, Pastoral Care, Patient Education &amp; Support, Pediatrics, Pulmonary Function, Respirology, Surgery, Urology, Nutrition Services, Diabetic Education Program, Physiotherapy, Healthy Heart Program. Formerly County of Bruce General Hospital</p>	Bruce and Grey	Eligibility varies depending on the program or service
South West Community Care Access Centre	<p>Owen Sound 519-371-2112 <a href="http://www.sw.ccac-ont.ca">www.sw.ccac-ont.ca</a> <a href="mailto:info-owensound@sw.ccac-ont.ca">info-owensound@sw.ccac-ont.ca</a></p> <p>Walkerton 519-881-1181 <a href="http://www.sw.ccac-ont.ca">www.sw.ccac-ont.ca</a> <a href="mailto:info-walkerton@sw.ccac-ont.ca">info-walkerton@sw.ccac-ont.ca</a></p>	<p>Information and access to community health and support services and long-term care centres.</p> <p>Coordinates care delivery through a contracted agency or community organization for those who are eligible in-home services (nursing, physiotherapy, occupational therapy, speech therapy, nutrition counselling, social work, personal support services and medical supplies and equipment), cancer care and end-of life support services, pediatric and school health support services, admission to long-term care homes and day programs.</p> <p>Services may be provided in a home, school, work or residential facility setting. Information on related community services such as supportive housing, attendant services and children's treatment centres, as well as volunteer based community services such as friendly visiting and meal programs.</p> <p>Geriatric Resource Team (GRT) - specially-trained health care professionals conduct an assessment of those clients who are frail or have complex needs. Assessment includes the following areas: physical, mental, emotional and social assessment is used to improve client's quality of life, allow them to remain in their own homes, identify problems and help prevent more serious issues from developing.</p> <p>Supportive Care Team - support for cancer and palliative care clients by specially trained health care professionals. Supports cancer patients of any age throughout their journey, both during and after treatment. Supports clients in the final stages of life who choose to die at home.</p> <p>Services include in-home assessment, health information, referral to community resources, care coordination and in-home services See also: Head Office (London)</p>	<p>South West Ontario (this office focuses on northern Bruce and Grey)</p> <p>South West Ontario (this office focuses on southern Bruce and Grey)</p>	<p>Primarily the elderly, people with disabilities, school age children who have special medical needs and those who are ill of all ages</p>



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Organization	City/Phone/Web/Email	Description of Services	Area	Eligibility
Southampton Care Centre	Southampton 519-797-3220 <a href="http://www.jarlette.com">www.jarlette.com</a> <a href="mailto:scci@bmts.com">scci@bmts.com</a>	Licensed 88 bed long-term care home. Offering light to heavy levels of care will provide temporary, vacation, convalescent or respite care when space permits, private, semi-private and ward rooms. Meal plan/service types include special diets, one meal sitting, family dining available at a cost. Physician visits vary in frequency from weekly to monthly dependent upon the physician.	Southampton and area (Bruce)	Must meet South West Community Care Access Centre criteria
South-East Grey Support Services	Flesherton 519-924-3339 <a href="mailto:archied@bmts.com">archied@bmts.com</a>	Provides and advocates for a full range of community-based services for individuals with intellectual disabilities including accommodation, employment, day program, planning and family supports.	Southeast Grey	Adults with an intellectual disability and their families
Southwest Supportive Care Cancer Network	London <a href="mailto:gale.turnbull@lhsc.on.ca">gale.turnbull@lhsc.on.ca</a>	Purpose is to plan for supportive care services and advocate for equitable access to and delivery of these services across the Southwest region.  Objectives: To lead in the development of a model for the delivery of Supportive Care in Southwestern Ontario; a model which respects local service delivery options and ensures equitable access for clients and caregivers. To develop and implement a communication strategy that enhances consultation with local Cancer Service Networks and to facilitate positive working relationships and partnerships among supportive care providers. To facilitate implementation of Provincial Supportive Care Oncology standards in the region.  Cancer Information and Resource Guides are produced by the Cancer Services Network in your community. For website access for all counties in Southwestern Ontario go to <a href="http://www.lhsc.on.ca/Patients_Families_Visitors/LRCP/">http://www.lhsc.on.ca/Patients_Families_Visitors/LRCP/</a> Network Members: Canadian Cancer Society Erie-St Clair, Community Care Access Centre, Grey Bruce Health Services, London Regional Cancer, London Health Sciences Centre, Regional Pain and Symptom Management Program, South West Community Care Access Centre.	Southwestern Ontario	

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Organization	City/Phone/Web/Email	Description of Services	Area	Eligibility
Southwestern Ontario Geriatric Assessment Network	London 519-685-4046 (Centralized Intake and Triage) <a href="http://www.sjhc.london.on.ca/parkwood/programs/sgs/services/">www.sjhc.london.on.ca/parkwood/programs/sgs/services/</a>	<p>A network that links geriatric/geriatric mental health assessment teams in the ten counties of southwestern Ontario.</p> <p>Multidisciplinary teams link with local resources to provide geriatric and geriatric mental health assessment and treatment options in or near the client's home.</p> <p>Additional Contact Numbers: Bruce and Grey - South West Community Care Access Centre - Owen Sound office, Elgin - South West Community Care Access Centre - St Thomas office Huron South West Community Care Access Centre - Seaforth office Oxford - South West Community Care Access Centre - Woodstock office Perth - South West Community Care Access Centre - Stratford office</p>	Southwestern Ontario	Seniors, 65 years and over, living in the community with complex, multiple health problems who are experiencing difficulty coping on their own, or are recently bereaved or hospitalized with behaviour difficulties agreeable to a referral by a physician
St John Ambulance	Owen Sound 519-376-4813 <a href="http://www.sja.ca">www.sja.ca</a> <a href="mailto:April.Norman@on.sja.ca">April.Norman@on.sja.ca</a>	<p>Voluntary organization of trained personnel who provide first aid and health care services.</p> <p>Provides WSIB approved first aid training for members of the public and industry.</p> <p>Training Services - provides Emergency First Aid, Standard First Aid and Cardiopulmonary Resuscitation (CPR) certification courses. Offers additional specialized first aid training courses like Automated External Defibrillator (AED) training.</p> <p>Therapy Dog Service - provides friendly visits by trained individuals and their dogs to residents of long-term care homes and hospitals. Offered through Grey Bruce Branch in Hanover.</p>	Bruce Peninsula; North and Central Bruce; and North and Central Grey	Individuals and organizations in need of first aid training Therapy Dog: available to long-term care homes and hospitals
St John Ambulance	Hanover 519-364-7004 <a href="http://www.sja.ca">www.sja.ca</a> <a href="mailto:stjohnam@bmts.com">stjohnam@bmts.com</a>	<p>Voluntary organization of trained personnel who provide first aid and health care services.</p> <p>First Aid and Safety Courses - provides Emergency First Aid, Standard First Aid and Cardiopulmonary Resuscitation (CPR) certification courses, offers additional specialized first aid training courses like Automated External Defibrillator (AED) training</p> <p>First Responder - Medical First Response at public events by trained volunteers.</p> <p>Therapy Dog Program - provides friendly visits by trained individuals and their dogs to residents of long-term care homes and hospitals</p> <p>Satellite Training Centre: Owen Sound</p>	Grey and Bruce	Individuals and organizations in need of first aid training Therapy Dog: available to long-term care homes and hospitals

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Organization	City/Phone/Web/Email	Description of Services	Area	Eligibility
Summit Place	Owen Sound 519-376-3212 <a href="http://www.reveraliving.com/homes/OW/">www.reveraliving.com/homes/OW/</a> <a href="mailto:SummitPlace@reveraliving.com">SummitPlace@reveraliving.com</a>	Licensed 119 bed long-term care home, including 6 convalescent care beds, 37 bed retirement home and 41 seniors apartments.  Long-Term Care - offers light to heavy levels of care, private, semi-private and ward rooms. Meal plan/service types include special diets, two meal sittings, snack area, tray service, private family dining room. Physician visits weekly.  Summit Place Lodge - retirement home private and semi-private rooms, private bathrooms, couples' rooms.  Basic services include 24-hour nursing staff; medication administration; emergency response system; meals; housekeeping; linens/bed change; laundry and social/recreation programs, nursing care and personal care available for additional cost. Hair care, foot care and transportation available for set fee. Care Pledge assessments an additional service.  Summit Place Apartments - seniors apartments, customized meal plan available, in-house grocery store.  Member of the Ontario Retirement Communities Association (ORCA)	Owen Sound and area (Grey)	Long-Term Care: must meet South West Community Care Access Centre criteria Retirement Home: seniors 62 years and over who are independent or need only minor assistance Apartments: seniors 55 years and over
Thompson-Bolden Seniors Apartments	Kincardine 519-396-3450 ext 104 (Housing Registry) 519-396-3439 (Administration) <a href="http://www.brucecounty.on.ca/socialhousing.php">www.brucecounty.on.ca/socialhousing.php</a> <a href="mailto:housingregistry@brucecounty.on.ca">housingregistry@brucecounty.on.ca</a>	42 seniors only apartments some accessible units	Walkerton and area (Bruce)	Seniors 60 years and over
Tiverton Park Manor	Tiverton 519-368-8800 <a href="http://www.tivertonparkmanor.com">www.tivertonparkmanor.com</a> <a href="mailto:tpm@tnt21.com">tpm@tnt21.com</a>	28 bed retirement home. Private and semi-private rooms and suites, private and shared bathrooms, couples' rooms, provides short stay (i.e. temporary, vacation, convalescent, respite care) when space permits, crisis admissions.  Basic services include nursing care; 24 hour on-call nursing staff; medication administration; emergency response system; meals; housekeeping; linens/bed changes; laundry; social/recreation programs and scheduled transportation. Enhanced program with personal care available hair care; foot care; aesthetician/massage services and unscheduled transportation available for a fee.  Facilities include lounge/chapel and two recreation rooms.	Tiverton and area (Bruce)	Seniors and adult with disabilities who are independent or need only minor assistance

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Trillium Court Seniors Community	Kincardine 519-396-4400 <a href="http://www.reveraliving.com/homes/263L/trillium@reveraliving.com">www.reveraliving.com/homes/263L/trillium@reveraliving.com</a>	Licensed 40 bed long-term care home, 35 bed retirement home and 24 seniors apartments.  Long-Term Care - offers light to heavy levels of care private, semi-private and ward rooms meal plan/service types include special diets, one meal sitting, family dining available at a cost. Physician visits every three months; on call as needed  Trillium Court Retirement Lodge - retirement home provides short stay (i.e. temporary, vacation, convalescent, respite care) when space permits. Services include nursing support, housekeeping, personal laundry, meal service and social programming.  Trillium Court Leisure Living Apartments - seniors apartments meals included and social programming available.  Member of the Ontario Retirement Communities Association (ORCA)	Kincardine and area (Bruce)	Long-Term Care: must meet South West Community Care Access Centre criteria Retirement Home and Apartments: seniors 55 years and over who are independent or need only minor assistance
United Way of Bruce Grey	Owen Sound 519-376-1560 <a href="http://www.unitedwayofbrucegrey.com">www.unitedwayofbrucegrey.com</a> <a href="mailto:unitedwaybg@bmts.com">unitedwaybg@bmts.com</a>	Information referral for social services based inquiries.  Assistance for low-income families is provided through a variety of programs and services. Raises and distributes funds to various community agencies through volunteer-based campaign and allocation process. Offers consultation and assistance to human care services, provides leadership in community problem solving, service development and coordination, inter-agency networking and information sharing and research and identification of priority human care service needs.	Bruce and Grey	
Victim Services of Bruce Grey and Owen Sound	Owen Sound 519-376-7474 <a href="http://www.victim-services.com">www.victim-services.com</a> <a href="mailto:info@victim-services.com">info@victim-services.com</a>	Trained volunteers respond on scene 24 hours a day to victims of crime or tragic circumstance by emergency service referral.  Response includes assessment, crisis intervention, emotional and practical support follow-up support, information and referral alternatively. Individuals or agencies can contact the office during business hours to receive service. Satellite Offices: Hanover Office - Hanover Police Services 203 10th St Hanover, ON N4N 1N8 519-364-7817 519-364-7835 (fax) Port Elgin Office - Saugeen Shores Police Services Box 1269 Port Elgin, ON N0H 2C0 519-389-5000 519-389-4257 (fax) Kincardine Office - South Bruce OPP 1808 Hwy 21 North Kincardine, ON N2Z 2Y6 519-396-5000	Bruce and Grey	Victims of crime, tragic circumstance or disaster, and their families

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Organization	City/Phone/Web/Email	Description of Services	Area	Eligibility
Victorian Order of Nurses (VON)	Owen Sound 519-376-5895 <a href="http://www.von.ca">www.von.ca</a> <a href="mailto:vongb@von.ca">vongb@von.ca</a>	Provides visits to persons with life threatening illness, bereavement support and conducts bereavement support groups. Service can be provided to palliative patients and bereaved families/friends in their homes, in hospital or long-term care homes.	Bruce and Grey	Individuals or families must be facing a life threatening illness, grief or loss issues
Victorian Order of Nurses (VON)	Owen Sound 519-376-5895 ext 236 <a href="http://www.von.ca">www.von.ca</a> <a href="mailto:Diane.Pfeffer@von.ca">Diane.Pfeffer@von.ca</a>	Functional exercise program for older adults that addresses health issues such as osteoporosis, arthritis, stroke, diabetes and stress. Program is designed to improve participation in activities of daily living and decrease the risk of falls. Classes taught by volunteer instructors certified by the Canadian Centre for Activity and Aging. SMART Group Classes - held in Hanover, Kincardine, Owen Sound, Port Elgin, Sauble Beach, Teeswater and Waverly Heights . SMART In-Home Program - program for homebound older adults delivered by trained volunteer instructors, currently available in Kincardine, Meaford, Owen Sound and Port Elgin areas. SMART Program Volunteers – receive Senior Fitness Instructor Courses and ongoing training and education. Contact Diane Pfeffer, Volunteer Coordinator, 519-376-5895 about becoming a certified volunteer SMART fitness instructor.	Grey and Bruce	Individuals 55 years and over
Victorian Order of Nurses (VON)	Owen Sound 519-376-5895 <a href="http://www.von.ca">www.von.ca</a> <a href="mailto:vongb@von.ca">vongb@von.ca</a>	Provides comprehensive community health, support and in-home services. Community Nursing - general nursing care including visiting and shift nursing and continence assessment. Primary Health Care Nurse Practitioner Services - primary health care services delivered by Nurse Practitioners in Dundalk, Markdale, Sauble Beach and Southampton. Foot Care - basic and advanced foot care and foot health education. Supportive Care Housing - for older adults with chronic illness, cognitive impairment and includes assistance with daily living. Riverside Apartments - 116 Albert St, Southampton St Francis Place - 350 10th St E, Owen Sound Victoria Apartments - 647 Arlington Ave, Port Elgin Wellington Apartments - 510 Wellington St, Port Elgin Seniors Maintaining Active Roles Together (SMART) Exercise Program - group classes and in-home exercise program Hospice Volunteer Visiting Program Satellite offices in: Bruce Shores-Southampton, Durham, Hanover,-Walkerton, Kincardine, Meaford, Wiarton.	Bruce and Grey	Community Nursing: based on individual assessment

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Organization	City/Phone/Web/Email	Description of Services	Area	Eligibility
Village Seniors' Community (The)	Hanover 519-364-4320 <a href="http://www.reveraliving.com/homes/223L/TheVillageSeniors'Community@reveraliving.com">www.reveraliving.com/homes/223L/TheVillageSeniors'Community@reveraliving.com</a>	Licensed 70 bed long-term care home, 64 bed retirement home and 102 seniors apartments.  Long-Term Care - offers light to heavy levels of care private, semi-private and ward rooms. Meal plan/service types include special diets, one meal sitting, family dining available at a cost. Physician visits weekly.  Sprucewood Court Lodge - retirement home suites, private and semi-private rooms, couples' rooms, private and shared bathrooms, provides short stay (i.e. temporary, vacation, convalescent, respite care) when space permits, crisis admissions. Basic services include 24 hour nursing staff, personal care, medication administration, emergency response system, meals, housekeeping, linens/bed changes, laundry and social/recreation programs. Additional services available include nursing care hair care, foot care available for a fee. Library, pool and whirlpool on site.  Member of the Ontario Retirement Communities Association (ORCA)  Valleyview Terrace - 102 seniors apartments Limited meal plan service available, meals-on-wheels is accessible.  Member of the Ontario Retirement Communities Association (ORCA)	Hanover and area (Grey and Bruce)	Long-Term Care: must meet South West Community Care Access Centre criteria Retirement Home: seniors who are independent or need only minor assistance Apartments: seniors
Walnut Grove Apartments	Kincardine 519-396-3450 ext 104 (Housing Registry) 519-396-3439 (Administration) <a href="http://www.brucecounty.on.ca/socialhousing.php">www.brucecounty.on.ca/socialhousing.php</a> <a href="mailto:housingregistry@brucecounty.on.ca">housingregistry@brucecounty.on.ca</a>	21 seniors only apartments some accessible units	Saugeen Shores and area (Bruce)	Seniors 60 years and over