FACT SHEET Growing Beyond Client-Centred Care to Client-Driven Care

Pt-Centred Care/Communication	Empowering Partnering/CDC
Objective concrete approach	Subjective attitudinal stance
Traditional medical care context	Broader "health" context
Cognitive: thinking and communicating	Affective: feeling and relating
Communication skill	Relationship-building art
Methods	Global Approach/Principles
Expert model of helping	Enabling model of helping
Doing to/for as the professional expert	Being/doing with as a care partner
Having roles as professional & client	Being partners in care
Focus on Content & What to Do	Focus on Process & How to Be
Linear execution	Dynamic Evolution
Professional directs	Client & provider create & evolve
I & Other Involved	I-Thou Involved (Martin Buber) (working at the hyphen)
Negotiated decisions	Co-created strategies
Professional responsible & accountable for process & outcomes	Professional & Client share responsibility & accountability for process & outcomes

Advantages of progressing beyond client-centred care to client-driven care:

- 1. Significant Client Outcomes consistent with current societal expectations, client satisfaction & global pursuit of chronic disease management directions: independence, quality of life, and perceived ability to manage their own health (self-efficacy) (McWilliam et al. 1997; McWilliam et al, 1999)
- 2. Potential for enhanced provider job satisfaction, which significantly impacts retention in the work force (McWilliam et al., 2004; Ellenbecker et al., 2008)
- **3.** System conservation of scarce resources (McWilliam et al., 1999; McWilliam et al., 2007)